

Review

Interaction Networks Explain Holoenzyme Allostery in Protein Kinase A

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Abstract: Protein kinase A (PKA) signaling exemplifies phosphorylation-based signaling as we understand it today. Its catalytic-subunit structure and dynamics continue to advance our understanding of kinase mechanics as the first protein kinase catalytic domain to be identified, sequenced, cloned, and structurally detailed. The PKA holoenzyme elaborates on the role of its regulatory subunits and maintains our understanding of cAMP-dependent cellular signaling. The activation of PKA holoenzymes by cAMP is an example of specialized protein allostery, emphasizing the relevance of protein binding interfaces, unstructured regions, isoform diversity, and dynamics-based allostery. This review provides the most up-to-date overview of PKA structure and function, including a description of the catalytic and regulatory subunits' structures. In addition, the structure, activation, and allostery of holoenzymes are covered.

Keywords: protein kinase A; PKA holoenzymes; regulatory subunits; catalytic subunit; allostery; PKA signaling



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1. Introduction

Several cellular signaling and developmental processes are regulated by the counteractions of two sets of enzymes: protein kinases (those that phosphorylate proteins) and protein phosphatases (those that remove these phosphates from proteins) [1–3]. Dysregulated protein kinases are associated with inflammatory, neurodegenerative, cardiovascular, and metabolic diseases and various forms of cancer [4–8]. Understandably, protein kinases are critical targets for disease control and therapeutic development strategies [9,10].

The first protein kinase discovered and structurally explored was protein kinase A (or simply PKA) [11,12]. In the 1950s, Edmond H. Fisher and Edwin G. Krebs discovered the activation of glycogen phosphorylase (conversion of inactive *phosphorylase b* to the active *phosphorylase a*) to be dependent on a serine phosphorylation by a then unknown “phosphorylase kinase” [13,14]. At the same time, Earl Sutherland and Thomas Rall discovered 3',5'-cyclic-adenosine monophosphate (cAMP) in liver cells as a ‘second messenger’: a mediator biomolecule that communicated the effect of exogenous hormones into the cell's interior [15,16]. Eventually, these discoveries converged to uncover a cAMP-dependent protein kinase (now called protein kinase A) that regulated the function of phosphorylase kinase in response to cAMP. These pioneering studies established a connection between hormone action, second messengers, and protein phosphorylation and continue to be the foundational understanding of cellular signaling today. Also, while this was the first evidence of protein kinase–kinase cascades, multisite protein phosphorylation, as suggested by Philip Cohen [17], was quickly discovered to be a signaling norm.

PKA was first purified from rabbit skeletal tissue by D. Walsh [18] and was subsequently reported to be widespread in various mammalian tissues by J.F. Kuo and Paul Greengard [19]. PKA was also the first protein kinase to be sequenced [20], the first to be

cloned for purifying in recombinant form [21], and also the first to be explored with X-ray crystallography [22]. PKA is a major target of therapeutic interventions for Alzheimer's disease, diabetes, and cardiovascular diseases [23–25]. PKA and its cAMP-dependent signaling pathway continue to be relevant in furthering our understanding of signaling, protein allostery, and the role of protein kinases in human disease [26]. The cAMP-sensitive PKA holoenzyme is made of two types of subunits: the regulatory (R)-subunit that contains cAMP binding sites and the catalytic (C)-subunit that performs phosphotransfer onto substrate proteins. The C-subunit of PKA serves as the prototype for the entire eukaryotic protein kinase (EPK) superfamily. This review focuses on explaining the structural properties of the PKA subunits, its holoenzyme architecture, and the allosteric underpinnings of cAMP-dependent PKA signaling. We also highlight the amino acid networks that mediate the interactions between the R- and C-subunits of PKA and how these interactions serve as critical allosteric sites for the holoenzyme structures.

2. cAMP-Mediated PKA Signaling

Canonical PKA signaling is initiated in response to hormone binding to GPCRs and the subsequent activation of the adenylate cyclase (AC) enzyme that converts ATP to cAMP (Figure 1) [27–29]. As cAMP diffuses into the cell interior, it binds the basal PKA signalosome that typically consists of two R-subunits and two C-subunits in a tetrameric holoenzyme (R_2C_2) anchored to an A-kinase anchoring protein (AKAP). Both R-subunits bind two molecules of cAMP, each using their cyclic nucleotide binding (CNB) domains to simultaneously release two C-subunit monomers from the holoenzyme. These free C-subunits then perform their biological function by phosphorylating target proteins on their Ser/Thr residues [30]. Substrates of the PKA C-subunit include CREB, RAF, BAD, GSK3, CIP4, and other proteins critical to cell survival [31–33]. Finally, termination of PKA signaling is achieved by the action of phosphodiesterase (PDE) enzymes that hydrolyze cAMP and promote the re-formation of the R_2C_2 holoenzyme complexes [34,35]. Here, the PKA C-subunit participates in maintaining cAMP homeostasis by feedback inhibition of ACs and activation of PDEs to promote a lowering of the levels of available cAMP molecules [36,37].

Spatial regulation of PKA holoenzyme signaling is achieved by their binding to various AKAPs in the cell [38]. Approximately 70 AKAPs can target PKA holoenzymes to various compartments in the cell; splice variants of AKAP genes additionally increase their spatial diversity [38–40]. For example, AKAPs on the outer mitochondrial membranes are critical for PKA-holoenzyme localization and signaling to prevent apoptosis [41]. In neurons, AKAPs anchor PKA holoenzymes to plasma membranes and the NR1 subunit of NMDA receptors and allow PKA to regulate synaptic plasticity [42,43]. Recently, AKAP79/150-mediated, PKA-dependent regulation of L-type Ca^{2+} channels was also reported at cellular membranes [44]. AKAPs (like WAVE1) allow for the association of PKA holoenzymes with the cytoskeletal network to regulate basic cellular processes [45]. Muscle-specific AKAP (mAKAP) anchors the PKA holoenzyme to the nuclear envelope and allows for PKA-mediated gene regulation [46]. While the extended diffusion of the free C-subunit from the dissociated holoenzyme remains controversial [47–49], free C-subunit has been reported in the nucleus, where it regulates gene transcription by phosphorylating the cAMP-response element binding (CREB) protein (Figure 1) [50,51].

The free PKA C-subunit is also reported to associate with a cAMP-independent inhibitor protein called PKI that allows for the shuttling of the C-subunit into and out of the nucleus by using its nuclear export sequence (NES) [52,53]. This NES is unmasked when PKI attaches to the PKA C-subunit. PKI is a heat-stable inhibitor of the C-subunit that is widely distributed in mammalian tissues, including the brain, heart, liver, testes, muscles, etc. [53,54]. PKI is approximately 75 amino acids long and is mostly unstructured. Endogenous PKI includes three isoforms, PKI α , β , and γ , and is localized in the cell cytoplasm and nuclei [53]. PKI α and PKI γ are quite abundant and are expressed in the brain, liver, heart, pancreas, kidney, and colon, whereas PKI β is expressed in the testes [55]. The

N-terminus of PKI α includes residues (1–25) that strongly bind to and inhibit the C-subunit ($K_d = 2$ nM) [53,56]. This segment, called IP20, is routinely used in biochemical experiments to study the C-subunit and its interactions with the R-subunits [56–59] (Figure 2D). The PKI β isoform binds the C-subunit with a $K_d = 7.1$ nM. PKI γ uses a unique Cys13 residue to bind the C-subunit at $K_d = 0.4$ nM. All three isoforms use their pseudosubstrate site to bind the C-subunit active site and to inhibit its ATP-bound “active” conformation.

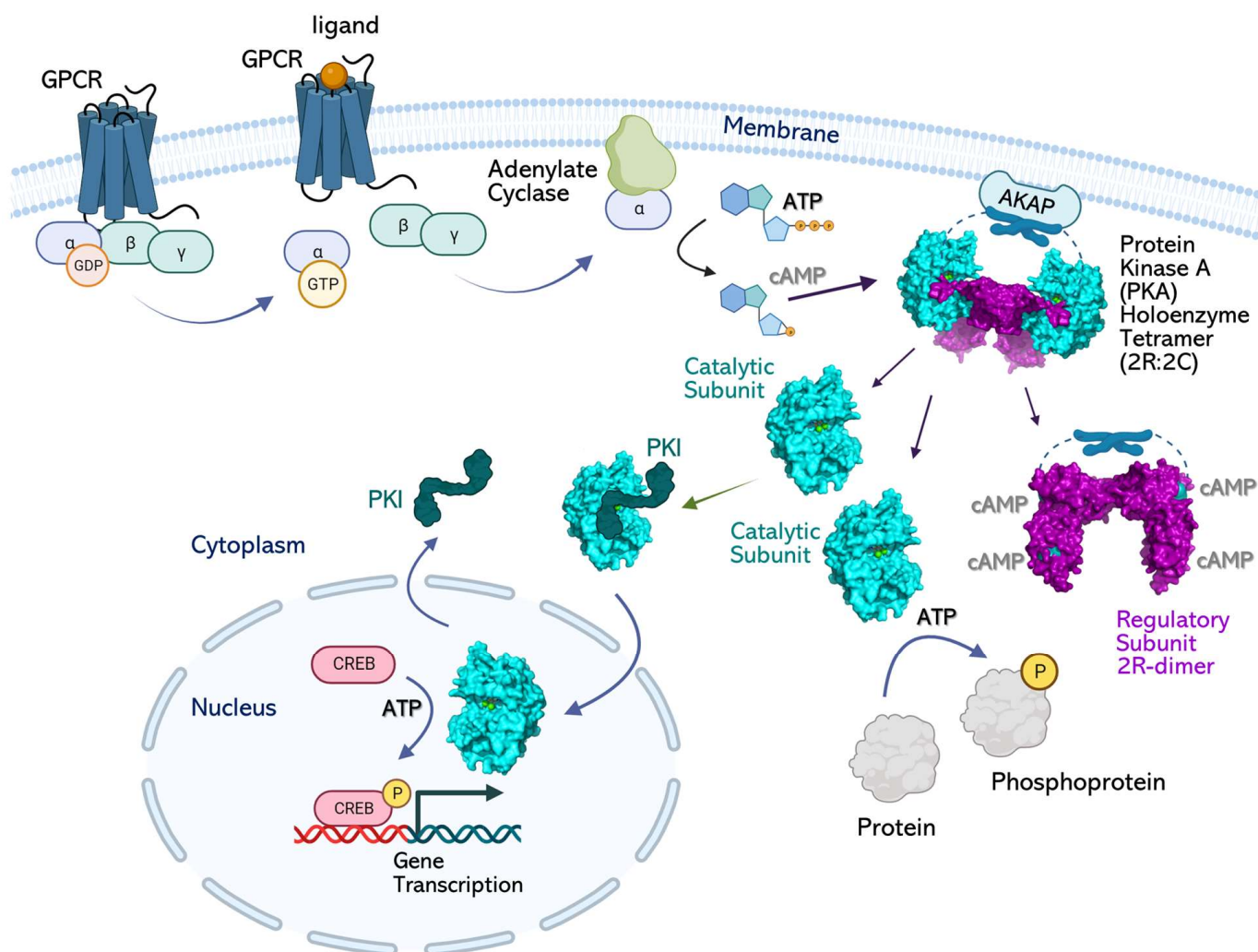


Figure 1. Signaling pathway of cAMP-dependent protein kinase A (PKA). Basal PKA is a tetrameric holoenzyme that contains two catalytic (C)-subunits and two regulatory (R)-subunits. The PKA holoenzyme is localized to membranes or cell organelles by their interactions with AKAP proteins. Signaling is initiated by ligand binding to heterotrimeric G-proteins and the dissociation of its α -subunit to bind and activate adenylate cyclase (AC). AC converts ATP to the “second messenger” cAMP. As cAMP diffuses in the cytosol, it binds the PKA R-subunits’ CNB domains and dissociates the holoenzyme to free the C-subunit. The “active” free C-subunit phosphorylates its substrate proteins in the cytosol. A subpopulation of C-subunits binds the inhibitory protein PKI and shuttles to the nucleus. After dissociation from PKI, the C-subunit phosphorylates CREB and initiates target gene transcription.

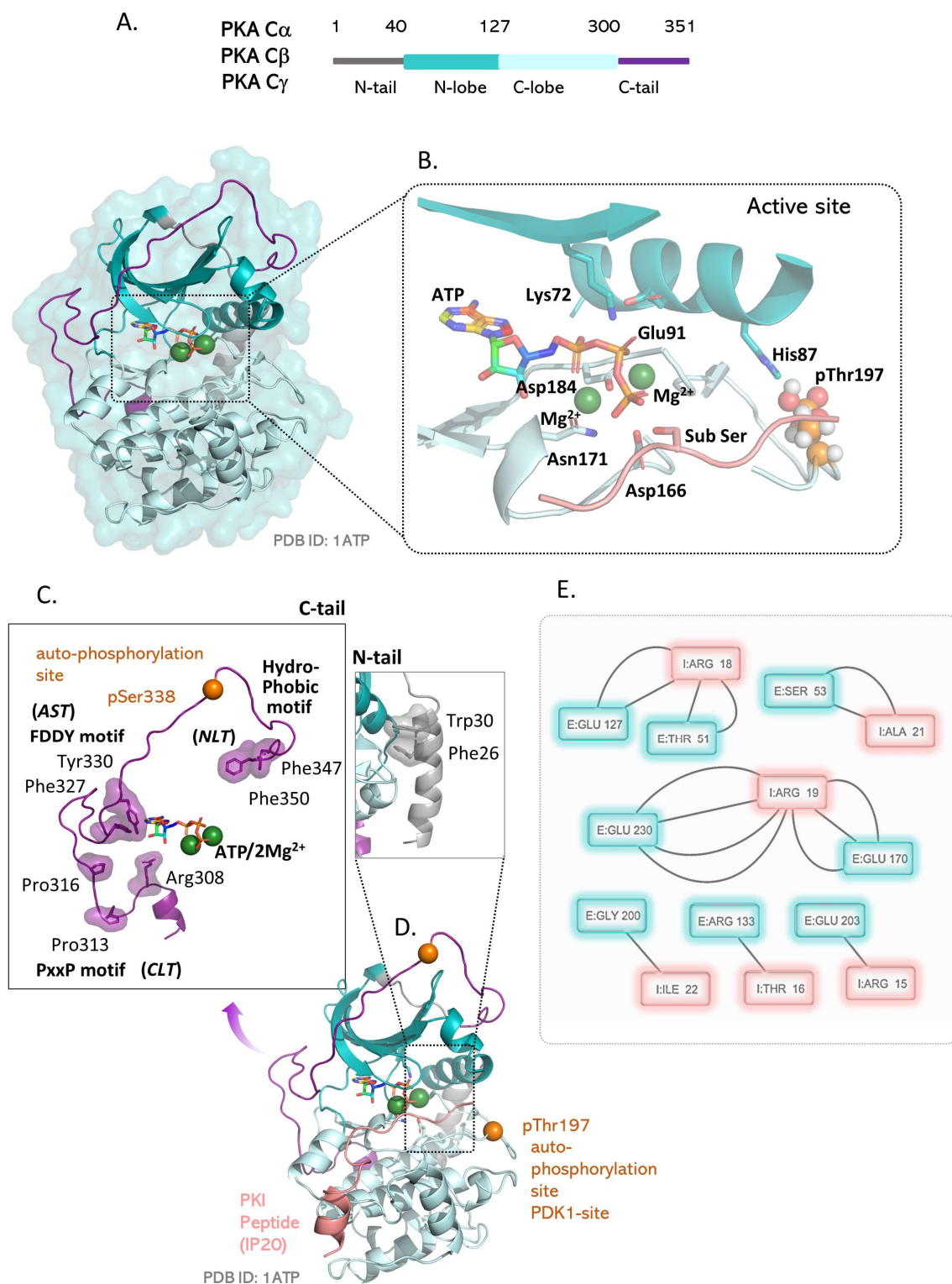


Figure 2. Structure and properties of the C-subunit of PKA. **(A)** The C-subunit contains a kinase core flanked by two Nt and Ct tails. The kinase core is a bi-lobal structure that encloses an ATP-binding pocket between the two lobes. **(B)** The active site of the C-subunit binds ATP with two divalent metal ions that participate in the transition state formation. Lys72 from $\beta 3$ contacts the Glu91 from the αC helix and also contacts the phosphates of ATP. His87 of the αC helix engages the activation loop phosphorylation site pThr197 and maintains the kinase active conformation. The catalytic residues Asp166, Asp184, and Asn171 coordinate catalysis at the active site. **(C)** The N-terminal and C-terminal tails tether to the catalytic subunit at specific locations. The N tail docks to the back of the kinase domain

using Phe26 and Trp30 aromatic residues. The C-terminal tail uses three tether points: the N-lobe tether (NLT) includes the hydrophobic motif residues Phe347 and Phe350; the active-site tether (AST) includes the FDDY motif residues Phe327 and Tyr330; the C-lobe tether (CLT) includes the PxxP residues Pro313, Pro316, and Arg308. (D) Two phosphorylations are critical to the kinase functioning of the C-subunit. The pThr197 phosphorylation on the activation loop triggers its catalytic activity. The pSer338 phosphorylation allows for tethering of the Ct tail to the kinase core and stabilizes the C-subunit. (E) Contact maps obtained for the peptide bound conformation of the subunit (PDB:1ATP) highlights residues in the substrate binding cleft that recognize the PKA specific Arg-Arg-X-X-Ser/Thr motif.

3. PKA and Human Disease

Given the critical importance of the PKA subunits in cellular signaling, it is not surprising that mutations or aberrations in the activity of any of its subunits are associated with human diseases. Mutations in either the R- or C-subunits that interfere with their interactions to form holoenzymes lead to unregulated PKA signaling. The diseases arising from these mutations include Cushing disease (mutations on the C-subunit) [60–62] and multiple endocrine neoplasia syndrome, known as Carney complex disease (CNC) and acrodysostosis (mutations on the RI-subunit) [63–65]. The inhibitory role of the R-subunits is indicative of their role as tumor suppressors in CNC-associated tumors [65,66]. Decreased expression of the R-subunits (30% decrease in RI α and 65% decrease in RI β) is associated with the idiopathic autoimmune disease called systemic lupus erythematosus (SLE) that is characterized by impaired T-lymphocyte functions [67,68]. PKA is reported to play a critical role in the regulation of metabolism and triglyceride storage, such that it is a lucrative target for therapeutic targeting or obesity and aging [69,70]. Leptin is reported to improve the antiproliferative activity of cAMP-increasing agents in breast cancer cells, where PKA inhibitors (like KT-5720) suppress the antiproliferative effects of leptin plus cAMP elevation [71–74].

A specific chimera created by the fusion of a chaperonin-binding domain fused to the C α isoform of the catalytic subunit is observed to cause a rare hepatocarcinoma called fibrolamellar carcinoma (FLC) [75,76]. The C β isoform of the catalytic subunit is reported to be a direct transcriptional target of c-MYC and is upregulated in c-MYC associated cell transformation [77]. PKA's kinase activity regulates actin dynamics by modulating structural proteins, such as integrins, myosin light chain, and VASP, as well as regulatory proteins, such as Rho GTPases, Src kinases, p21-activated kinases, phosphatases, and proteases [78]. PKA's activity is reported to play a role in hypoxia-mediated epithelial–mesenchymal transition, migration, and invasion in lung cancer cells [79]. PKA activity is associated with cell migration and invasion in cancers of the breast and ovaries [80,81].

Research indicates that PKA type I and type II R-subunits are inversely expressed throughout cell differentiation and ontogeny, where they govern proper cell proliferation and differentiation into nondividing states [82,83]. The RI:RII ratios are substantially greater in normal breast specimens with enhanced proliferation [83]. Antisense repression of RI, which upregulates RII, downregulates a wide variety of genes involved in cell proliferation and transformation while upregulating cell differentiation and reverse transformation genes in prostate cancers [84,85]. Despite the fact that the RI:RII ratio varies widely amongst breast cancers, those with a high RI:RII ratio have a poor prognosis in terms of early disease recurrence and mortality following initial therapy [83].

4. The PKA Catalytic Subunit

Four isoforms of the C-subunit are reported in mammals, including C α , C β , C γ , and PrKX, as coded by the genes *PRKACA*, *PRKACB*, *PRKACG*, *PRKX*, and *PRKY* [21,86–90]. Additionally, multiple splice variants have been reported for the C α and C β isoforms [91,92]. There are two alternative 5' exons in the *PRKACA* code for the two variants C α 1 and C α 2,

respectively [93–96]. The C α 1 form is the predominant ubiquitously expressed catalytic subunit [90]. The C α 2 form is reported to be expressed exclusively in mammalian sperm, where it regulates sperm motility and fertilization [97–99]. Splicing of the *PRKACB* gene at exons 2 and 4 creates multiple C β isoforms, including C β 1, C β 2, C β 3, C β 4, C β 3ab, C β 3b, C β 3abc, C β 4ab, C β 4b, and C β 4abc proteins [100–103]. C β 4 is a particular isoform expressed in the brains of higher primates, where it is reported to permanently associate with R-subunits and is insensitive to cAMP-mediated activation [104]. Human C α 1 and C β 1 are 93% identical, indicating that the two *PRKACA*, *PRKACB* genes are a result of gene duplication [90]. The C γ isoform is expressed exclusively in the testes, but its biological role remains unknown [105]. Biochemical experiments indicate that this isoform strongly associates with R-subunits and requires higher cAMP levels for holoenzyme dissociation and activation [106]. PrKX is a unique isoform encoded on the X chromosome and associates specifically with the RI α isoform of the R-subunit [87]. PrKX is understudied and shares just 56% identity with C α 1. The biological function of PrKX and its associated protein PrKY is unclear [90].

Critical post-translational modifications of the C-subunit include its N-terminal myristylation (that allows for its anchoring to plasma membranes) [107] and two phosphorylation sites, Thr197 and Ser338, that regulate its activation [108,109]. Both Thr197 and Ser338 are auto-phosphorylation sites [108,110] where the activation-loop (Thr197) phosphorylation can also be mediated by other kinases, such as PDK1 (Figure 2C) [111].

The structure of the C-subunit continues to serve as the exemplar for the EPK kinase domain architecture ever since its initial detailing [11,22]. It contains 351 amino acids, where residues 40–300 are the core of every EPK kinase domain. This kinase core contains two lobes: the N lobe that has the five-stranded β -sheet (β 1– β 5) and the functional α C helix and the C lobe that is predominantly helical and houses the β 6– β 7 β -sheet (Figure 2A). By convention, all helices are named alphabetically, while all strands are numbered in order of their positioning from the N-terminus of the C-subunit. This nomenclature is applied to all EPK structures, where the α C helix of the N lobe is still called the α C, even in the absence of the α A/ α B helices in many cases. The kinase active site is sandwiched in the cleft separating the N and C lobes. The C lobe has a surface groove that binds peptide substrates. The N lobe contains residues for ATP binding that are situated under a glycine-rich loop that connects the β 1 and β 2 strands. A conserved Lys72 [112] from the β 3 strand engages the divalent ions (Mg^{2+} or Mn^{2+}) that stabilize ATP in the charged cleft while simultaneously making a salt bridge with a conserved Glu91 of the α C helix [113]. A short linker, called the ‘hinge’, connects the two lobes and contacts the adenine ring of ATP via hydrogen bonds. The activation loop phosphorylation pThr197 arranges the activation segment (from residues 184–208, DGF-APE motif) appropriately to place the catalytic loop (containing the HRD motif) in a catalytically suitable orientation. A critical Cys199 at the +2 position to the Thr197 phosphorylation site makes the C-subunit resistant to inactivation by protein phosphatases [114].

The N-terminus of the α C helix contains a pH-sensitive histidine (H87) [115] that makes a salt bridge with the phosphorylated pThr197 of the activation loop (Figure 2B). Residues from the magnesium binding loop (DFG motif) and Lys168 coordinate the ATP and metal ions to facilitate phosphotransfer to the incoming substrate Ser/Thr. At the PKA active site, Asp184 and Asn171 bind the “primary” Mg^{2+} ion (M1) [116] that helps position the terminal gamma phosphate of ATP for nucleophilic attack. A transition state is formed between the substrate Ser/Thr, two Mg^{2+} ions, and ATP with the terminal phosphate stabilized by hydrogen bonds. QM/MM studies show that Asp166 of the C-subunit functions as a catalytic base and accepts a proton as delivered by the substrate Ser/Thr [117]. The catalytic cycle concludes with the dissociation of a Mg^{2+} -bound ADP from the PKA active site. This last step is the rate limiting step in the C-subunit’s steady-state kinetics and accounts for its $k_{cat} = 20 \text{ s}^{-1}$ [118].

The N- and C-terminal regions outside the kinase core are called the C-subunit Nt and Ct tails, respectively (Figure 2A) [119,120]. The Nt and Ct tails are both tethered

to the kinase core and play a key role in controlling the C-subunit's interaction with other proteins [121,122]. The Nt tail is the large, amphipathic, α A helix that contains the C-subunit myristylation site Asn2. The residues Phe26 and Trp30 anchor the α A helix to the hydrophobic kinase core (Figure 2C). The Ct tail is a conserved structural feature of all AGC kinases [122] and contains three tethering regions. The N-lobe tether (NLT) binds at the N-terminus of the α C helix and contains the residues Phe347 and Phe350 that are required to recruit PDK1 for activation-loop phosphorylation [119]. Phosphorylation of Ser338 allows for stable binding of NLT to the kinase core and promotes kinase function [120]. The active site tether (AST) includes the residues Phe327 and Tyr330 in the FDDY motif that participate in ATP binding and in allosterically maintaining the "closed" catalytically competent conformation of the C-subunit. The C-lobe tether (CLT) uses Arg308 to bind Phe100 and Phe102 at the α C- β 4 loop of the C-subunit. This interaction maintains the monomeric conformation of PKA (and other AGC kinases) as it engages the α C- β 4 loop that can serve as a back-to-back dimerization motif [123] (Figure 2C). CLT also contains a Pro-X-X-Pro motif (Pro 313 and Pro316) that binds SH3 domains in interacting proteins.

A comparison of PKA structures in the inactive/dephosphorylated vs. the active/phosphorylated forms (Figure 3A,B) highlights the local spatial pattern (LSP) alignment-derived kinase "spines" [124]. These are non-linear motifs in the kinase core that illustrate its switching between kinase conformations and how activation affects internal restructuring of the kinase domain. An assembled regulatory (R)-spine is a signature of the active C-subunit conformation. This motif is formed by four residues, including Leu95 from the α C helix, Leu106 of the β 4 strand, Phe185 of the magnesium positioning loop DFG motif, and Tyr184 of the catalytic loop HRD motif. In the active conformation that contains a phosphorylated pThr197, the R-spine is dynamically aligned at the core of the C-subunit. In the dephosphorylated C-subunit, electrostatic contacts between the pThr197 and corresponding His87, Lys189, Thr195, and Arg165 are removed, such that its activation segment becomes unstructured and the α C helix swings outwards. In this inactive conformation, the R-spine is misaligned (Figure 3B). Another hydrophobic motif revealed with LSP alignment is the catalytic (C)-spine that highlights the catalytically competent conformation of PKA. The C-spine includes the residues Val57; Ala70 from the N lobe; and the residues Leu171, Leu172, and Ile173 from the C-subunit that bind the adenine ring of ATP and orient it suitably in the PKA active site. Other C-spine residues, including Met127, Leu227, and Met231, integrate entropy-driven dynamic information through the large lobe of the C-subunit [56,125,126].

An activated/free C-subunit is an efficient Ser/Thr phosphotransferase that identifies substrate sites in two general recognition motifs: Arg-Arg-X-Ser/Thr-Hyd and Arg-X-X-Arg-X-Ser/Thr-Hyd, (where Hyd is a hydrophobic residue, and X denotes any residue) [119]. The P₂/P₃ Arg residues of the substrate engage with Glu127, Glu170, and Glu230 on the C-subunit's active-site surface. A contact network obtained from the crystal structure of the C-subunit bound to ATP/Mg²⁺ and IP20 (peptide derived from the N-terminus of PKI) also shows residues Thr51 and Ser53 to make hydrogen bonds with the peptide (Figure 2D, Supplementary Table S1). PKA's turnover rate (k_{cat}) averages 20 per second for small peptide substrates, like kemptide, and is limited by the last step of ADP release from its active site [127]. While the steady-state kinetics are constrained by protein movements and dynamic conformations through successive catalytic cycles to produce a slower k_{cat} , pre-steady-state kinetics have shown the rate of phosphotransfer at its active site to be >500 per second [128]. The C-subunit binds ATP and ADP with micromolar affinity ($K_d = 20\text{--}25\ \mu\text{M}$) [56] and peptide substrates with a K_m of approximately $10\text{--}20\ \mu\text{M}$ [129]. However, inhibitory peptides, like IP20, bind the C-subunit cooperatively with ATP with a high nanomolar affinity ($K_d = 2\ \text{nM}$) [56,130].

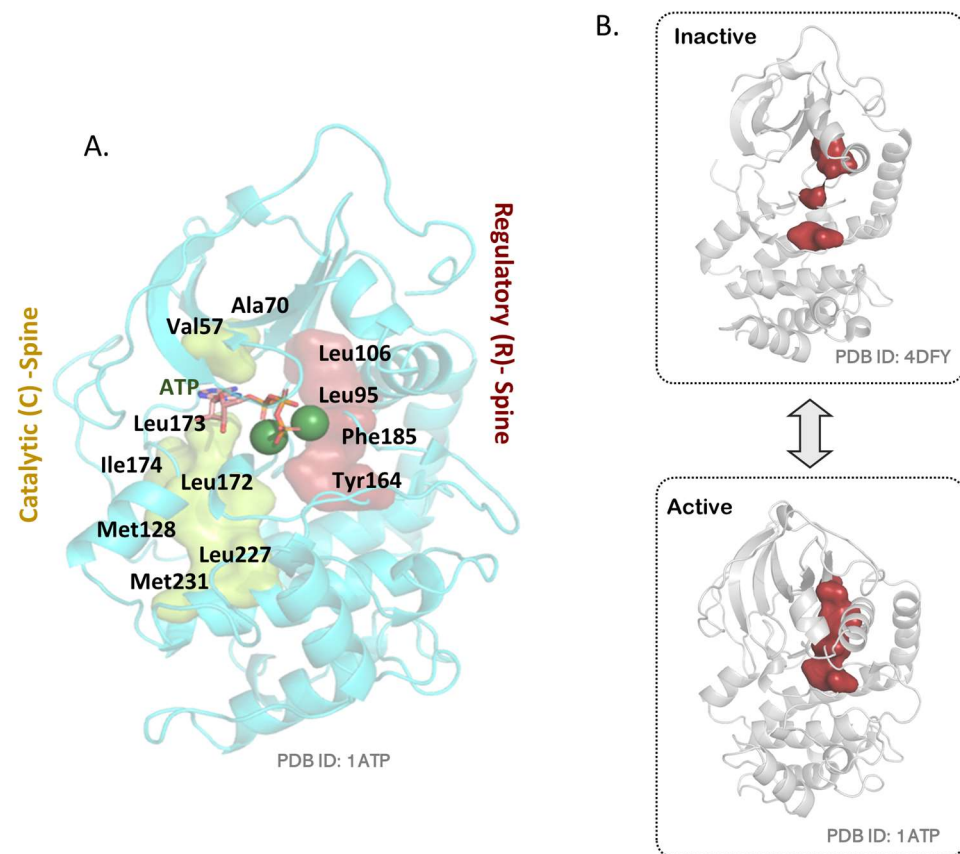


Figure 3. Kinase “spines” in the C-subunit. **(A)** The regulatory (R)-spine and catalytic (C)-spine as observed in the C-subunit. **(B)** An assembled/aligned R-spine is the signature of an active kinase conformation (PDB:1ATP). In the absence of Thr197 phosphorylation, the C-subunit is inactive (PDB:4DFY) and shows a disconnected R-spine.

Somatic mutations in the C-subunit have been reported to be associated with cortisol-secreting adrenocortical adenomas responsible for Cushing’s syndrome [131]. The most abundant mutation, as observed in 65% of patients with Cushing’s syndrome, changes Leu206 to arginine [61,132–134]. The location of the L206R mutation interferes with the C-subunit’s association with PKI and the R-subunits, such that the mutant is constitutively active to cause Cushing’s syndrome [61]. Biochemical experiments comparing the L206R mutant to the wild-type protein show that this mutation causes dynamic changes in the enzyme’s intramolecular allosteric network, resulting in nucleotide/pseudo-substrate binding cooperativity losses [60]. Recently, an in-frame fusion of the *PRKACA* gene with the heat-shock *DNAJB1* gene has been reported in the fibrolamellar variant of hepatocellular carcinomas [75,135]. The resultant chimeric enzyme contains the J domain of the chaperonin-binding domain of the heat-shock protein 40 or DnaJ (the amino-terminal 69 residues), fused to the carboxyl-terminal 336 residues of the catalytic subunit [62]. Unlike the Cushing’s syndrome mutations, this tumorigenic chimera does not show any alterations in associating with the R-subunits and in being sensitive to cAMP signaling [62]. Here, approximately a ten-fold increase in chimeric transcript levels (under the control of the *DNAJB1* gene promoter) results in increased kinase activity and upregulation of PKA signaling to cause tumor pathogenesis [136].

5. The PKA Regulatory Subunit

In mammals, four isoforms of the PKA R-subunit can organize four kinds of PKA holoenzymes: two each of the type-I and type-II R-subunits, viz., RI ($RI\alpha_2C_2$, $RI\beta_2C_2$) and RII ($RII\alpha_2C_2$, $RII\beta_2C_2$) [137]. These RI and RII isoforms differ in their affinities to

binding cAMP, cellular localization, and affinity to AKAPs. RI α is the most abundant and widely distributed isoform that maintains the RI α_2 C $_2$ holoenzymes in the cytosol [138]. RI α is also the only embryonic lethal isoform [138], and various mutations in RI α lead to Carney complex disease (CNC) and acrodysostosis [139,140]. Mutations and loss of expression of RI β lead to neurodegenerative disorders [141]. RII β -knockout mice exhibit a lean phenotype and show resistance to diet-induced obesity [142].

All four isoforms share a common domain organization, where the N-terminal dimerization domain (D/D domain) is connected to the two tandem CNBA and CNBB domains by a long unstructured linker (Figure 4A). The D/D domain serves as a docking site for binding AKAPs and recruiting the PKA holoenzyme to various cellular locations and is the most divergent in sequence of the four isoforms. Deletion of the D/D domain does not impair R- and C-subunit binding, and deletion mutants have been used to study the R-C heterodimer [143,144]. The linker connecting the CNB domains to the D/D domains is an intrinsically disordered region (IDR) that is highly dynamic and functions to mediate protein-protein interactions by recruiting interacting binding proteins [11]. It contains the inhibitor site with the pseudosubstrate Arg-Arg-X-X motif to bind the C-subunit's active site cleft [145]. Here, the biggest difference between the RI and RII isoforms is the presence of C-subunit-specific substrate sites in the RII subunit that make the RII α_2 C $_2$, RII β_2 C $_2$ holoenzymes sensitive to phosphorylation-based control [50,146]. The RII subunit is both a substrate and an inhibitor of the C subunit; the phosphorylated RII subunit cannot dissociate from the holoenzyme without binding cAMP. The RI subunit functions as a true inhibitor and uses its pseudosubstrate region to bind the C-subunit with high affinity [145].

While each CNB domain is highly conserved, the relative orientations of the two domains are distinct in the type-I and type-II R-subunits (Figure 4B) [147]. The two CNB domains are eight-stranded β -barrels with an N-terminal N3A motif in a helix-turn-helix motif preceding the β 1 strand and the α B/C helix following the β 8 element. These contain an evolutionarily conserved phosphate-binding cassette (PBC) that binds cAMP molecules [147]. The PBC cassette includes an Arg residue (Arg209 in CNBA (RI α)/Arg230 in CNBA (RII β) and Arg333 in CNBB (RI α)/Arg359 in CNBA (RII β)) that form hydrogen bonds with the phosphates of cAMP. Mutating the PBC arginine to lysine creates cAMP-resistant R-subunit constructs that have been utilized to crystallize the holoenzyme structures [146,148,149]. The cAMP bound and unbound conformations of the CNB domain are distinct. In the cAMP-bound conformation, PBC moves towards the phosphate group of cAMP, and the α B/C helix moves 'in' to push the N3A motif 'out'. The reverse happens when cAMP dissociates from the CNB domain [150]. The bound cAMP is stabilized using hydrophobic interactions with a "capping" residue that comes from outside the CNB β -barrel and is isoform specific [147]. Differences in the capping residues also exemplify the difference between the tandem domain constructs of type-I and type-II R-subunits. In RI α , Trp260 at the CNBA-CNBB interface caps cAMP in the CNBA site, and Tyr371 caps cAMP in the CNBB site. Here, the N3A motif of the CNBB merges with the α B/C element of CNBA to create an interdomain interface with the capping residue for the CNBA site. The W260A mutation in RI α is sufficient to uncouple allosteric interactions between the tandem CNBA and CNBB domains [151,152]. In RII β , cAMP in the CNBA site is capped by the long side chain of Arg381 from the α B of the CNBB domain, while cAMP in the CNBB site is stabilized by Tyr397.

The CNBB domain binds cAMP with higher affinity and slower off-rates when compared to the CNBA domain in solution. Dynamics data obtained from NMR, H/D exchange, and MD simulations hint towards a unidirectional flow of allosteric signals from the CNBA to the CNBB domain [152,153]. Mutations of the PBC arginine in the CNBA domain of RI α (R209K) cause internal dynamics to change in its β 2- β 3 loop, but a corresponding change in the CNBB domain (R333K) does not alter its chemical shifts. The R209K mutation shows a global reduction in protection factors across the tandem CNBA:CNBB length, including the β 2- β 3, PBC, and B/C helix of CNBA and N3A, β 2- β 3, and α B- α C of CNBB. However, in the R333K mutation, loss of protection is limited to PBC and α B- α C of CNBB alone. In

RII β , a PBC arginine mutation of the CNBA domain (R230K) decreases the affinity (increase in activation coefficient) for cAMP binding to the holoenzyme from 584 nM for the WT to 12.9 μ M in the mutant [149]. In contrast, a mutation of the corresponding PBC arginine in the CNBB domain slightly increases the affinity (decrease in activation coefficient) for cAMP binding to 490 nM. Taken together, these observations suggest that cAMP binding to the CNBA domain is allosterically coupled to dynamic changes in the CNBB domain but not vice versa. Molecular dynamics simulations explain how the lower affinity the cAMP-binding CNBA domain impedes cAMP release from the CNBB domain, even allowing C-subunit binding to the R-subunit in the presence of cAMP at the CNBB site [152]. This unidirectional allosteric communication is lost in the W260A mutation as mentioned above.

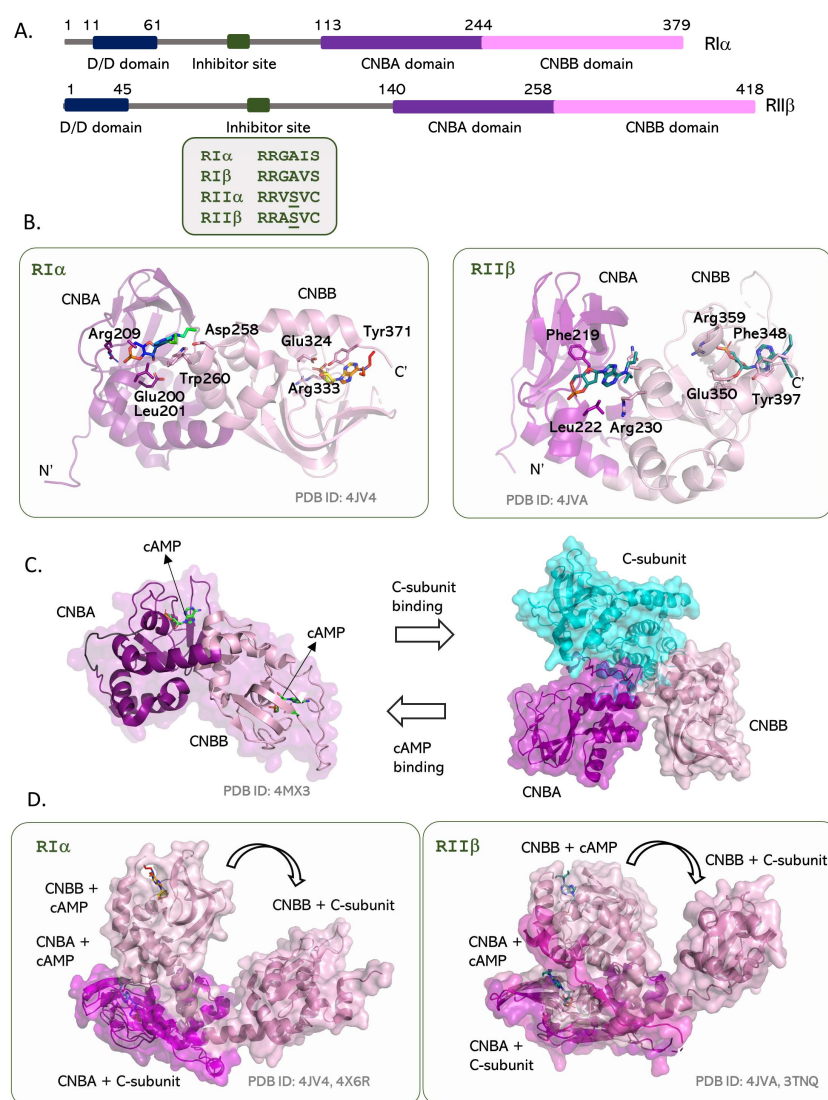


Figure 4. The type-I and type-II R-subunits of PKA. **(A)** Domain arrangement of the two types of R-subunits is similar, where both contain a dimerization domain connected to their cAMP binding domains by a long linker. This linker includes the pseudosubstrate/inhibitor site that binds the active site of the C-subunit in the holoenzyme. The type-II R-subunits contain a Ser residue in this site that can be phosphorylated by the C-subunit. **(B)** Tandem cAMP binding CNBA and CNBB domains in RII α and RII β . Structures of the cAMP-bound state show isotype differences in the orientation of the CNBB domain versus the CNBA domain. **(C)** R-subunits toggle between an active (cAMP bound) and inactive (C-subunit bound) conformation. **(D)** Binding of the C-subunit to the R-subunit isotypes requires a huge conformational change at the CNBA:CNBB interface that creates an extended R:C interaction surface.

6. The PKA Holoenzymes and Contact Networks of R:C Complexes

The structures of the CNBA domains of type-I and type-II R-subunits with the C-subunit explain the mode of inhibition observed in the heterodimers (Figure 5 and Table 1) [154,155]. In both types, the inhibitor sequence of the R-subunit is positioned in the peptide-binding cleft of the C-subunit and engages its Glu127, Glu170, Glu203, and Glu230 residues via the two arginine residues in the Arg-Arg-X-X motif. Additionally, in the ATP-bound, ‘closed’ conformation of the C-subunit, residues from the glycine-rich loop, including Thr51 and Ser53, make hydrogen bonds with the inhibitor site residues of the R-subunit (Supplementary Tables S2 and S3). Isoform specific contacts include residues Arg95, Arg230, His138, and Tyr205 on the RI α CNBA domain that make contacts with Lys168, Trp196, Lys213, and Tyr247 on the C-subunit, respectively. Correspondingly, the RII β CNBA domain specifically uses Tyr226, Arg110, Ala111, and Ala259 to engage Tyr247, Lys168, Thr201, and Arg194 on the C-subunit, respectively. The CNBA domain of RII β uses its Tyr118 to hydrogen bond with the activation loop phosphorylation site pThr197 of the C-subunit in a specific interaction.

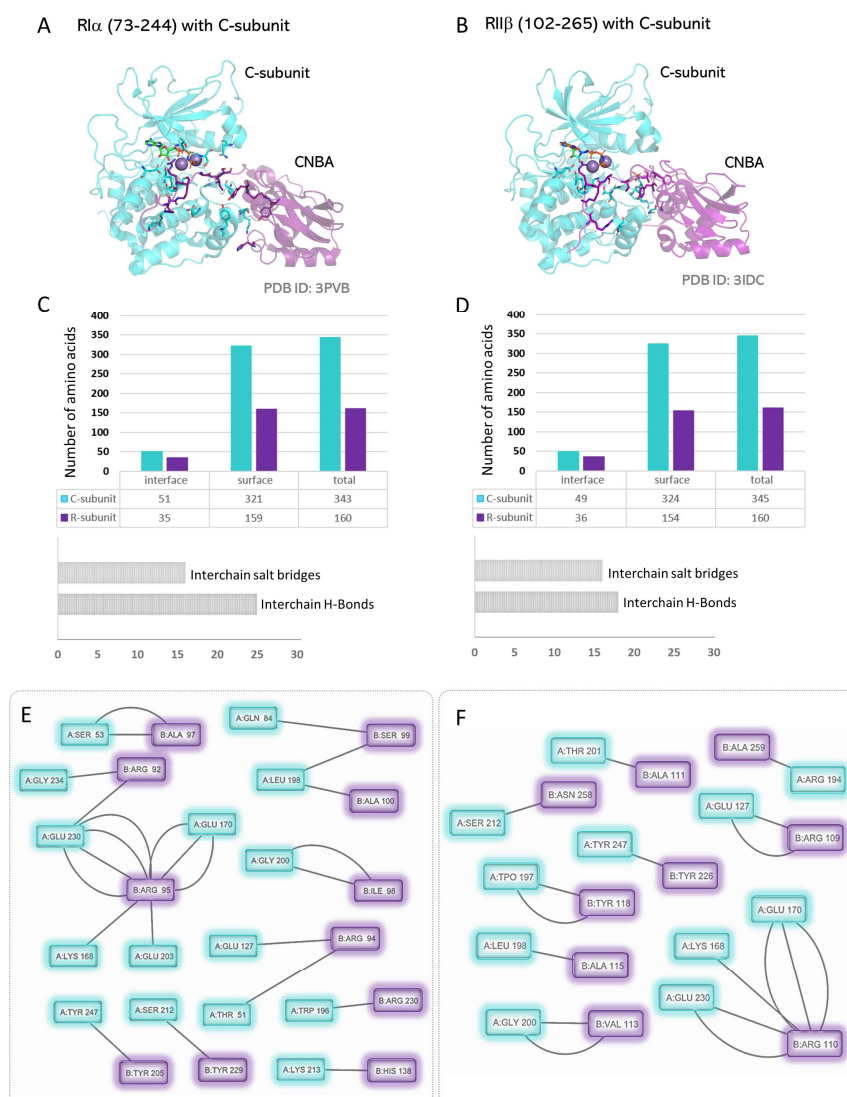


Figure 5. The smallest R:C heterodimers: (A) Structure of the CNBA and inhibitor segment of RI α bound to the C-subunit. (B) Structure of the CNBA and inhibitor segment of RII β bound to the C-subunit. (C,D) R:C interaction interface parameters for the C-subunit and the CNBA domains of the type-I and type-II R-subunits. (E,F) Contact network at the R:C interaction interface as computed from the structures of the C-subunit with the CNBA domains of the type-I and type-II R-subunits.

Table 1. Protein kinase A holoenzyme structures as available from the PDB.

PDB	Description	R-Subunit	C-Subunit	Reference PubMed
3PVB	RIA Heterodimer	RIA (73–244) CNBA	C-Subunit with ANP + 2 Mn	21300294
5JR7	RIA ACRDYS Heterodimer	RIA (92–365) CNBA + CNBB	C-Subunit with ADP	27825928
2QCS	RIA Heterodimer	RIA (91–379:R333K) CNBA + CNBB	C-Subunit with ANP/2 Mn	17889648
4X6R	RIA Heterodimer	RIA (91–379:R333K) CNBA + CNBB	C-Subunit Myr	26278174
6NO7	PKA RIA Holoenzyme	RIA Full length CNBA + CNBB	C-Subunit in two states: Apo and ATP/2 Mg bound	31363049
4DIN	RIB Holoenzyme	RIB full length CNBA + CNBB	C-Subunit with ATP/2 Mg	22797896
2QVS	RIIA Heterodimer	RIIA (108–416) CNBA + CNBB	C-Subunit Apo	17932298
4WBB	RIIB Heterodimer	RIIB (108–416) Phospho IS CNBA + CNBB	C-Subunit with ADP+ 2 Ca	26158466
3TNQ	RIIB Holoenzyme	RIIB (108–416) Phospho IS CNBA + CNBB	C-Subunit with ATP+ 2 Mg	22323819
3TNP	RIIB Holoenzyme	RIIB full length R230K CNBA + CNBB	C-Subunit Apo	22323819
4X6Q	RIIB Heterodimer	RIIB (108–416) CNBA + CNBB	C-Subunit Myr	26278174
3IDB	RIIB Heterodimer	RIIB (108–268) CNBA Only	C-Subunit with ANP + 2 Mn	19748511
3IDC	RIIB Heterodimer	RIIB (102–265) CNBA Only	C-Subunit with ANP + 2 Mn	19748511

The relative orientation of the two CNBA and CNB domains in the R-subunit is observed to be significantly different in the cAMP-bound (active) and C-subunit (inactive) conformations (Figure 4C,D). In the C-subunit-bound conformation, the C-terminal α B– α C helices of CNBA and the N-terminal α C':A helix of CNBB merge to form the B/C helix that creates space to bind the C-subunit to the tandem domains. The binding of the C-subunit shields the PBC of CNBA and makes it inaccessible to cAMP [144]. The cAMP-binding to the two tandem CNB domains kinks their connecting B/C helix (residues Arg226–Ser249 in RI α) to fold the two domains over each other at Tyr244 (RI α). This α C/ α C' helix of the CNBA domain bends between residues Tyr244–Glu245 (RI α). The binding of the R-subunit linker and the CNBA domain is retained in a high-affinity interaction in the absence of the CNBB domain [143]. While the conformations of the type-I and type-II R-subunits in the cAMP-bound state are significantly different, both types bind the C-subunit in a similar orientation to create near identical R:C heterodimers (Figure 6).

The structures of the tandem CNBA and CNBB domains with the C-subunit (R:C heterodimers where the R-subunit lacks the D/D domain) reveal important R:C interacting residues (Figure 6) [156]. Alongside the common interactions observed in the CNBA:C-subunit structure, specific isoform interactions are also observed in these structures. The CNBB domain of RI α uses the residues Arg230, Arg241, Arg352, Asp67, and Arg355 to engage with the C-subunit residues Lys213, Asp276, Thr278, Arg194, and Lys285, respectively (Supplementary Tables S4 and S5). Also, in these tandem constructs, the inhibitor site Arg92 of RI α engages with the FDDY Asp328 positions in the active-site tether

of the Ct tail of the C-subunit. The corresponding Arg106 in the tandem domain construct of RII β does not engage with the C-subunit's Ct tail and makes hydrogen bonds with Arg133 instead. The CNBB domain of RII β uses Asn258, Arg262, Lys285, and Arg281 to engage the residues Ser212, Lys213, Asn283, and Thr278, respectively, on the C-subunit surface. Asp288 of RII β makes a strong salt bridge with the activation loop Arg194 of the C-subunit.

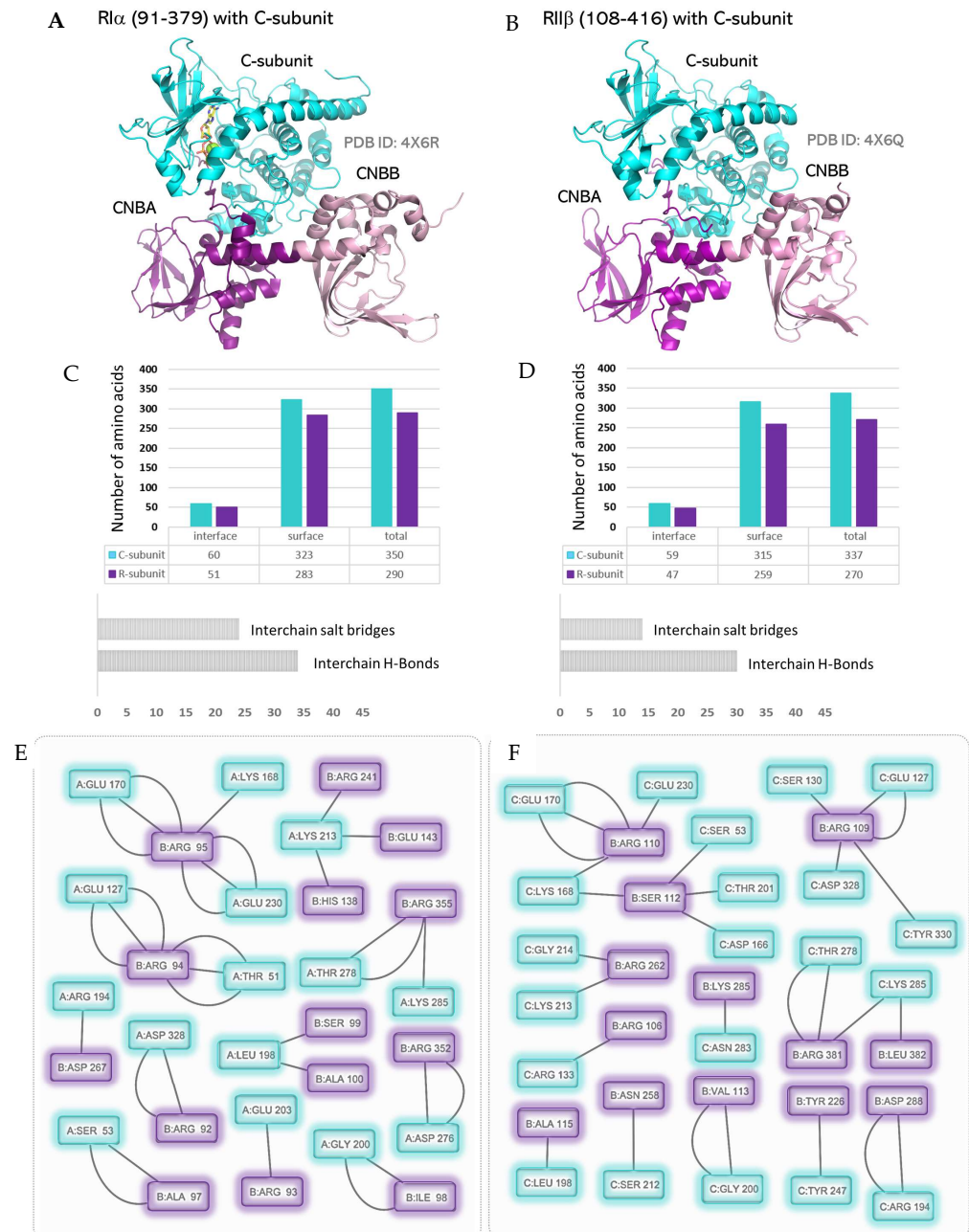


Figure 6. The R:C heterodimers: **(A)** Structure of RI α (including the tandem CNBA/CNBB domains and the inhibitory segment while excluding the dimerization domain) bound to the C-subunit. **(B)** Structure of RII β (excluding the dimerization domain and including the tandem CNBA/CNBB domains with the inhibitory segment) bound to the C-subunit. **(C,D)** R:C interaction interface parameters for the C-subunit and the tandem CNBA/CNBB domains of the type-I and type-II R-subunits. **(E,F)** Contact network at the R:C interaction interface as computed from the structures of the C-subunit with the type-I and type-II R-subunits.

The isoform-specific contact residues on the C-subunit are highlighted in Figure 7. These include the residues Asn84, Ser212, and Asp276 that interact specifically with the RI α isoform and the residues Asp166, pThr197, Gly214, Asn283, and Asp 241 that specifically engage RII β . Overall, the C-subunit makes 12 more interactions (salt bridges and hydrogen bonds included) with the tandem CNBA:CNBB domains of RI α compared to RII β . Surprisingly, these interactions do not correlate with the activation parameters of the RI α ₂C₂ (K_a = 101 nM cAMP, Hill Coefficient = 1.7) [149] or RII β ₂C₂ (K_a = 584 nM cAMP, Hill Coefficient = 1.8) [149] and indicate an allosteric role of the regions outside of the tandem CNB domain regions. Combined with small angle X-ray scattering (SAXS) data showing different solution structures for the type-I and type-II holoenzymes [149], it becomes important to analyze the full-length R₂C₂ holoenzymes rather than the R:C heterodimers. The N linker that connects the D/D domain to the inhibitory site is unstructured in the heterodimers. In the R₂C₂ holoenzymes, the N linker contributes to isoform-specific organization of the R- and C-subunits.

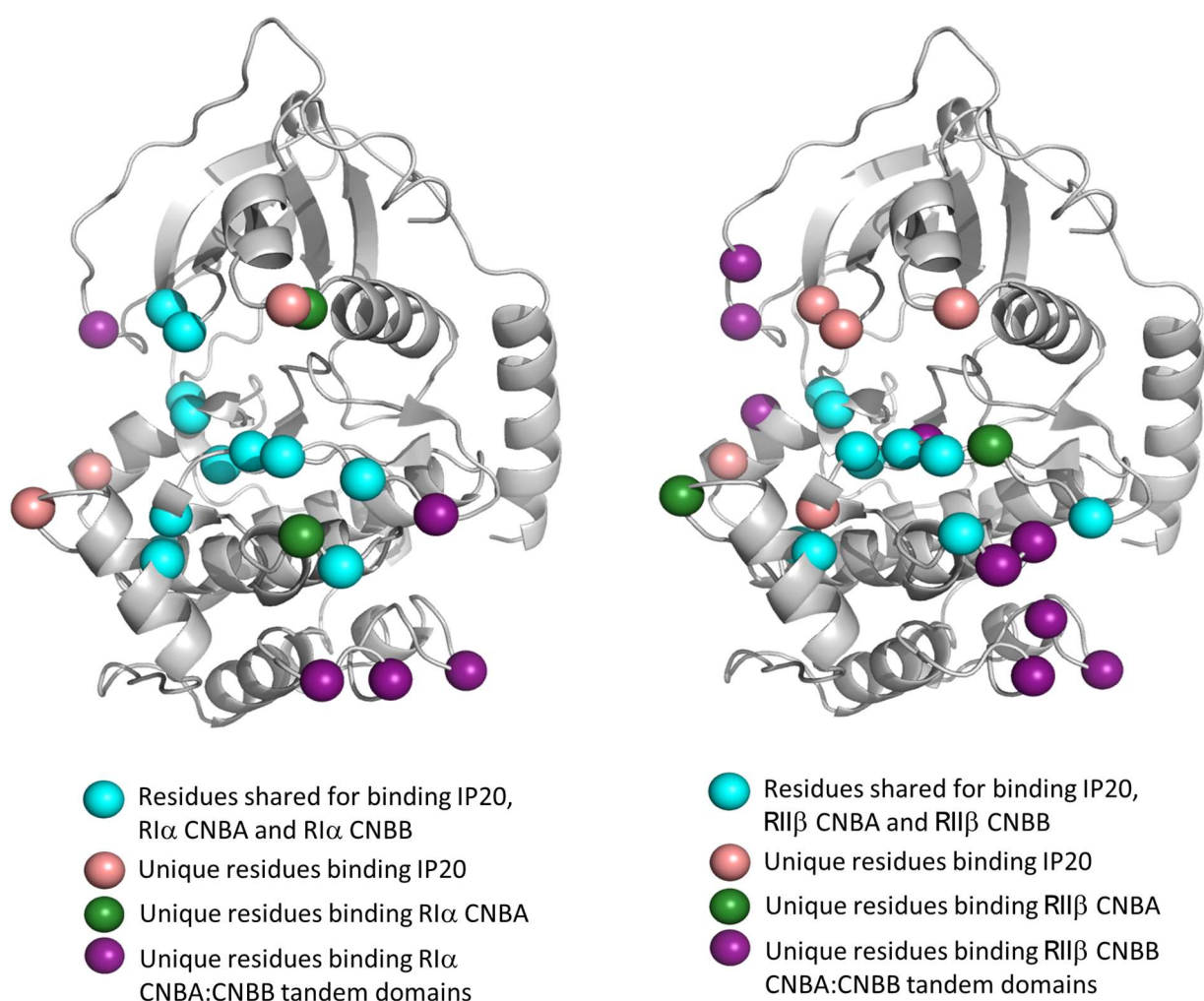


Figure 7. C-subunit footprints in the R:C heterodimers. Contact maps reveal the specific residues on the C-subunit that interact with RI α (**left**) or RII β (**right**) CNBA or tandem CNBA/CNBB domains. Residues were identified by analyzing PDB structures in PDBePISA [157] and comparing the type-I and type-II holoenzyme complexes. Detailed residue list, including hydrogen bonding and salt bridge profiles, is provided in Supplementary Tables S1–S5.

In the RI α ₂C₂ holoenzymes, the complex is Y-shaped, where the N linker of one heterodimer stabilizes the other heterodimer to assemble an elongated holoenzyme (Figure 8) [145,158]. In the two conformations observed in the same crystal [158], the R-subunits are in the center

with the CNBA and CNBB domains sitting in a head-to-toe orientation, while the C-subunit is on the outside. In one conformation, the N3A motifs of the two R-subunit CNBA domains nucleate the interaction interface. This $RI\alpha_2C_2$ holoenzyme captures the 'closed' conformation of the C-subunit with an ATP/2Mg²⁺ bound at its active site. This extended $RI\alpha_2C_2$ conformation is stabilized by ATP and requires higher cAMP levels for activation ($EC_{50} \sim 2600$ nM). The second conformation in the $RI\alpha_2C_2$ holoenzyme includes $RI\alpha$ dimers bound to the 'open' apo conformation of the C-subunit and use the αN helices of the CNBA domains to dimerize. This is the more compact of the two conformations and is sensitive to activation by cAMP ($EC_{50} \sim 450$ nM). Size exclusion and fluorescence polarization (FP) experiments show that the $RI\alpha_2C_2$ holoenzyme can switch between these two conformations and, in fact, uses these as a sensory switch to capture the ATP-bound C-subunit for inactivation [158].

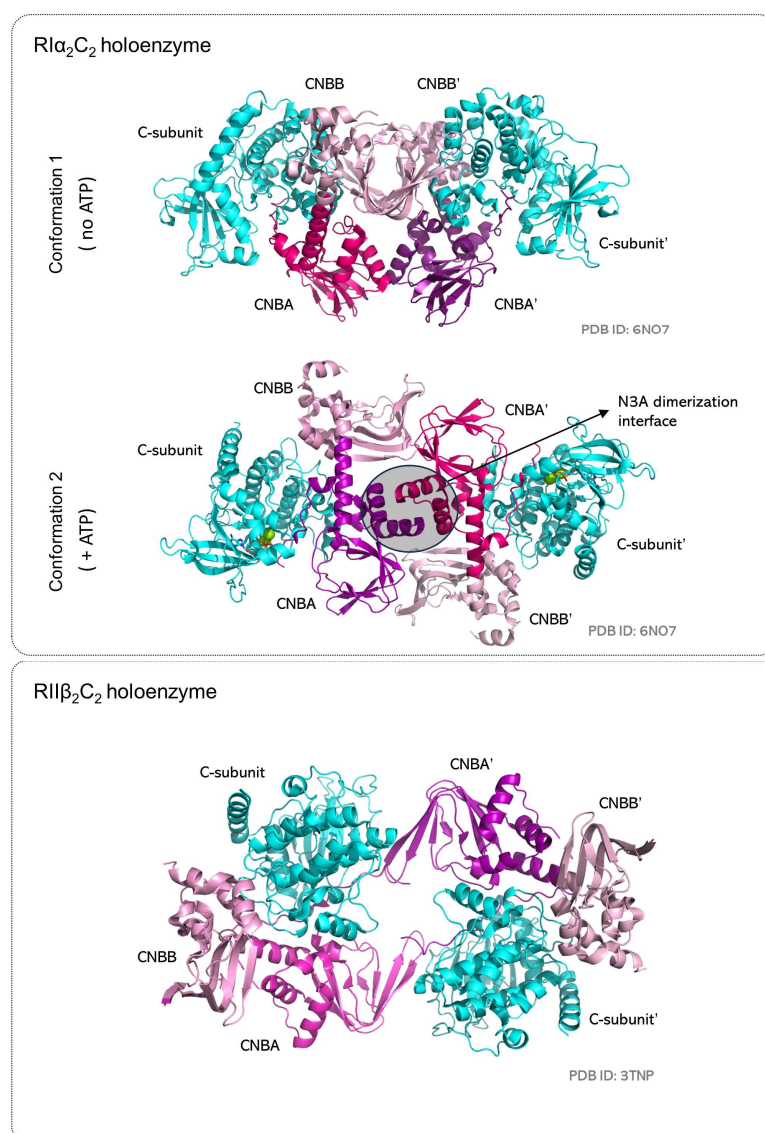


Figure 8. The R_2C_2 holoenzymes. Two R:C heterodimers assemble in a 2-fold symmetry to organize the R_2C_2 holoenzymes. The $RI\alpha_2C_2$ holoenzyme is elongated and dimerizes with the R-subunits in the center and the C-subunits at the periphery. It also toggles between two conformations as it functions as an ATP sensor to capture the catalytically competent C-subunit. The $RII\beta_2C_2$ holoenzyme is compact and uses the C-subunit and the CNBA domains of the R-subunits to form the dimerization interface. Conformation of the $RII\beta_2C_2$ holoenzyme does not vary in the presence or absence of ATP at the C-subunit active site.

In contrast, the $\text{RII}\beta_2\text{C}_2$ holoenzyme is a compact, dumbbell-shaped structure that uses the C-subunit and the CNBA domain of the R-subunit as the dimerization interface. Also, unlike the $\text{RI}\alpha_2\text{C}_2$ holoenzyme, the $\text{RII}\beta_2\text{C}_2$ holoenzyme captures the C-subunit in the ‘closed’ conformation even in the absence of ATP at its active site. Experimental data confirm the $\text{RII}\beta_2\text{C}_2$ holoenzyme to be insensitive to ATP concentration in solution [158]. Here, $\text{RII}\beta$ shows a higher preference to bind the apo and ADP-bound C-subunit ($\text{EC}_{50} \sim 5$ nM) compared to the ATP-bound active kinase domain ($\text{EC}_{50} = 10$ nM). As the inhibitor site of $\text{RII}\beta$ includes a C-subunit phosphorylation site, $\text{RII}\beta_2\text{C}_2$ holoenzyme appears to be coupled to $\text{RII}\beta$ phosphorylation rather than ATP levels in the cellular milieu. Moreover, $\text{RII}\beta_2\text{C}_2$ holoenzyme activation by cAMP is easier for the ATP-bound C-subunit ($\text{EC}_{50} = 94$ nM) when compared to the apo or ADP-bound C-subunit in the $\text{RII}\beta_2\text{C}_2$ complex ($\text{EC}_{50} \sim 200$ nM) [158].

In conclusion, the varied quaternary structures of the type-I and type-II holoenzyme are reflective of their biological function. The $\text{RI}\alpha_2\text{C}_2$ holoenzymes are localized to the mitochondria, where they regulate stress-related PKA signaling [159]. The extended quaternary assembly of this holoenzyme makes it an effective ATP sensor that allows PKA activation in ATP-depleted conditions [159,160]. In contrast, the $\text{RII}\beta_2\text{C}_2$ holoenzyme localizes to plasma membranes, where its activation is rendered insensitive to ATP levels.

7. Conclusions and Future Directions

PKA holoenzyme diversity and allostery continues to be a relevant topic for understanding cAMP-dependent signaling. The recent structures of the full-length holoenzymes have been successful in accomplishing quaternary structure diversity, but many questions remain unanswered. How does the C-subunit choose its R-subunit for holoenzyme assembly? Do the R-subunits dimerize first, or do the R:C homodimers come together to form the holoenzymes? We still do not understand how holoenzymes are activated. Do both the R:C homodimers dissociate together or one after another? What are the isoform-specific dynamics-based parameters for holoenzyme activation? Does interaction of AKAPs affect holoenzyme activation? While many milestones in PKA allostery have been achieved, the complete mechanistic picture of PKA allostery continues to be an ongoing and persuasive study.

Supplementary Materials: The following supporting information can be downloaded at: <https://www.mdpi.com/article/10.3390/kinasesphosphatases1040016/s1>, Table S1: Interface parameters C-subunit and IP20 peptide (PDB ID: 1ATP); Table S2: Interface parameters C-subunit and CNBA(73-244) of RIA (PDB ID: 3PVB); Table S3: Interface parameters C-subunit and CNBA(102-265) of RIIB (PDB ID: 3IDC); Table S4: Interface parameters C-subunit and CNBA + CNBB (91-379) of RIA (PDB ID: 4X6R); Table S5: Interface parameters C-subunit and CNBA + CNBB (108-416) of RIIB (PDB ID: 4X6Q).

Author Contributions: C.L.W., A.E.C. and L.K.M. wrote, edited, and revised the manuscript. LKM developed, visualized, and oversaw the manuscript writing process, which included studying current literature and analyzing crystal structures. All authors have read and agreed to the published version of the manuscript.

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