

Supplementary Table S1. Evolution of biochemical variables in relation to product safety in the two study groups.

		Creatinine (mg/dl)		AST (UI/l)		ALT (UI/l)		GTT (UI/l)	
		Mean ± SD	Abnormal values	Mean ± SD	Abnormal values	Mean ± SD	Abnormal values	Mean ± SD	Abnormal values
Placebo	V1	0.9 ± 0.13	S6: 1.28 S59: 1.25	18.39 ± 3.96		20.32 ± 9.98		19.86 ± 14.56	S73: 82.3
	V3	0.78 ± 0.12		21.24 ± 17.16	S43: 119	17.98 ± 9.3		18.9 ± 16.29	S69: 86.9
Experimental	V1	0.93 ± 0.15	S33: 1.4	19.32 ± 5.11		19.89 ± 11.35	S30: 60.7	18.02 ± 12.47	S13: 76.5
	V3	0.82 ± 0.13		18.77 ± 6		19.34 ± 12.03		16.29 ± 9.87	S13: 63.4

S: Study subject who has had abnormal values