

Special Issue

Youth Physical Activity and Well-Being

Message from the Guest Editors

This Special Issue of the journal *Youth*, “Youth Physical Activity and Well-being”, offers an opportunity to publish high-quality, multi-disciplinary empirical research relating to physical activity and well-being for individuals aged 15–29 years old from different perspectives.

Submissions related to pedagogy (e.g., learning, knowledge, development), psychology (e.g., motivation, interest, change/accluturation), sociology (e.g., society, cultures), and technology (e.g., VR, AR, GPS, interactive video games) are welcome. Inter- and multi-disciplinary submissions are also encouraged, along with theoretical and practice contributions. Manuscripts utilizing any method are welcome (e.g., quantitative, qualitative, and mixed-method approaches). This Special Issue will highlight recent multi-disciplinary research work conducted on this topic, contributing to current and future trends. All manuscripts will be peer-reviewed by experts in the field and should be submitted by 31 March 2023.

Guest Editors

Dr. Efstathios Christodoulides
Dr. Olia Tsivitanidou
Prof. Dr. Wouter Cools

Deadline for manuscript submissions

closed (30 September 2023)



Youth

an Open Access Journal
by MDPI

Impact Factor 1.6



mdpi.com/si/125606

Youth
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
youth@mdpi.com

[mdpi.com/journal/
youth](https://mdpi.com/journal/youth)





Youth

an Open Access Journal
by MDPI

Impact Factor 1.6



[mdpi.com/journal/
youth](https://mdpi.com/journal/youth)



About the Journal

Message from the Editor-in-Chief

Youth is an international and peer-reviewed journal covering a broad range of topics that all influence persons lumped into the category of youth. The numerous issues of interest to the research community involving youth include mental health, education, sociology, economics, employment, cultural studies, civic engagement, and other social perspectives of youth and young adulthood.

Our goal is to work together with the global research community whose interest and scholarship speak to providing evidence that will support and enhance the lives of youth and the systems that affect their lives. We are interested in working with graduate students, scholars, scientists, and research centers who share this interest.

Editor-in-Chief

Prof. Dr. Todd Michael Franke

Department of Social Welfare, University of California, Los Angeles
(UCLA), Los Angeles, CA 90095, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within ESCI (Web of Science), EBSCO, and other databases.

Journal Rank:

JCR - Q2 (Social Sciences, Interdisciplinary) Rapid Publication: manuscripts are peer-reviewed and a first decision is provided to authors approximately 38.3 days after submission; acceptance to publication is undertaken in 5.5 days (median values for papers published in this journal in the first half of 2026).