

## Special Issue

# Strategies to Support Mental Health and Provide Access to Mental Health Services for Youth during Crises

### Message from the Guest Editors

While COVID-19 literature provides insight into how youth coped during the pandemic, based on the UNICEF study, it is not clear which evidence-based strategies are used to support youth or how they cope with other forms of crises such as problems with the family, in school, in work, unemployment, or in any other traumatic event. Notably, mental health is a crucial factor amongst youth with evidence mainly located in prevalence studies in terms of levels, determinants, risk and protective factors, etc. There is much less information regarding solutions, interventions or access to mental health support and shifting to mental well-being amongst youth. For the proposed Special Issue, we welcome studies which focus on these aspects of mental health strategies amongst youth. Furthermore, we welcome various methodological approaches (quantitative, qualitative, mixed and reviews) to provide insight into the topic of evidence-based strategies to support the mental health of youth living in or experiencing a crisis or crises.

### Guest Editors

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### Deadline for manuscript submissions

closed (15 February 2023)



## Youth

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## About the Journal

### Message from the Editor-in-Chief

*Youth* is an international and peer-reviewed journal covering a broad range of topics that all influence persons lumped into the category of youth. The numerous issues of interest to the research community involving youth include mental health, education, sociology, economics, employment, cultural studies, civic engagement, and other social perspectives of youth and young adulthood.

Our goal is to work together with the global research community whose interest and scholarship speak to providing evidence that will support and enhance the lives of youth and the systems that affect their lives. We are interested in working with graduate students, scholars, scientists, and research centers who share this interest.

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### Editor-in-Chief

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