

Special Issue

Youth Self-Control and Emotion Regulation

Message from the Guest Editors

The issue is based on the broad notion of self-regulation as the intent to override, limit, or regulate automatic responses to display delivered and controlled behaviors and attain desired emotional states.

As previous research has demonstrated the importance of adequate development of self-control and emotion regulation from early childhood and its impact on lifespan, this Special Issue delves into the dynamic development of these critical competencies and how they are acquired, refined, and maintained throughout development. Similarly, we invite researchers to explore the refinement of self-control and emotional regulation during the turbulent period of adolescence and emerging adulthood. The contributing articles should also investigate the ultimate influence of these self-control and emotional regulation on the individual's life and the transition to adulthood, examining outcomes such as academic, professional, and social success, improved health conditions, and overall satisfaction. Through this approach, this Special Issue would provide a comprehensive resource for researchers and practitioners on the development and impact of self-control and emotion regulation in youth.

Guest Editors

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Deadline for manuscript submissions

30 July 2026



Youth

an Open Access Journal
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Impact Factor 1.5



mdpi.com/si/263527

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About the Journal

Message from the Editor-in-Chief

Youth is an international and peer-reviewed journal covering a broad range of topics that all influence persons lumped into the category of youth. The numerous issues of interest to the research community involving youth include mental health, education, sociology, economics, employment, cultural studies, civic engagement, and other social perspectives of youth and young adulthood.

Our goal is to work together with the global research community whose interest and scholarship speak to providing evidence that will support and enhance the lives of youth and the systems that affect their lives. We are interested in working with graduate students, scholars, scientists, and research centers who share this interest.

Editor-in-Chief

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