

Special Issue

First Nations Youth Health and Wellbeing

Message from the Guest Editors

First Nations youth play a vital role in shaping the futures of Indigenous peoples and humanity.

Despite demographic significance, First Nations youth experience substantial disparities in health outcomes compared with non-Indigenous peers, including higher rates of chronic disease, mental illness, self-harm, and suicide. These inequities are rooted in colonisation, dispossession, systemic discrimination, and marginalisation across education, employment, housing, and health services.

First Nations youth demonstrate resilience, cultural strength, and leadership often absent from mainstream research and policy discourse. This Special Issue seeks to advance scholarship on the health of First Nations youth by bringing together interdisciplinary research from public health, psychology, sociology, education, and Indigenous studies.

This Special Issue welcomes research moving beyond deficit-focused narratives to explore protective factors, resilience, and culturally grounded pathways to wellbeing—recognising First Nations health and wellbeing are inherently multidimensional, touching every aspect of people's lives

Guest Editors

Dr. Yonatan Dinku

Centre for Indigenous Policy Research, Research School of Social Sciences, Australian National University, Canberra, Australia

Dr. Kamaljit Kaur Sangha

Research Institute for the Environment and Livelihoods, Charles Darwin University, Darwin, NT 0810, Australia

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Youth
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
youth@mdpi.com

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About the Journal

Message from the Editor-in-Chief

Youth is an international and peer-reviewed journal covering a broad range of topics that all influence persons lumped into the category of youth. The numerous issues of interest to the research community involving youth include mental health, education, sociology, economics, employment, cultural studies, civic engagement, and other social perspectives of youth and young adulthood.

Our goal is to work together with the global research community whose interest and scholarship speak to providing evidence that will support and enhance the lives of youth and the systems that affect their lives. We are interested in working with graduate students, scholars, scientists, and research centers who share this interest.

Editor-in-Chief

Prof. Dr. Todd Michael Franke

Department of Social Welfare, University of California, Los Angeles
(UCLA), Los Angeles, CA 90095, USA

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