# **Special Issue**

# Promoting Resilience, Wellbeing, and Mental Health of Young People

### Message from the Guest Editors

We are pleased to invite submissions for this Special Issue of Youth. In recent decades of intensifying crises, from unprecedented pandemics and economic upheaval to more frequent and severe environmental disasters, the health and wellbeing of young people have been significantly challenged. Promoting the resilience of youth has never been as critical as it is now. Finding ways to proactively support young people necessitates an in-depth investigation of the pressure points and facilitators determining a good life. This Special Issue aims to publish a series of articles that collectively highlight innovative ways to promote resilience, wellbeing and mental health among young people in the global context. The issue invites contributions from researchers and practitioners around the globe in fields including, but not limited to, sociology, public health, health promotion, youth studies, psychology and leisure studies.

### **Guest Editors**

Dr. Ernesta Sofija

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#### Deadline for manuscript submissions

closed (31 May 2024)



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## **About the Journal**

### Message from the Editor-in-Chief

Youth is an international and peer-reviewed journal covering a broad range of topics that all influence persons lumped into the category of youth. The numerous issues of interest to the research community involving youth include mental health, education, sociology, economics, employment, cultural studies, civic engagement, and other social perspectives of youth and young adulthood.

Our goal is to work together with the global research community whose interest and scholarship speak to providing evidence that will support and enhance the lives of youth and the systems that affect their lives. We are interested in working with graduate students, scholars, scientists, and research centers who share this interest.

### **Editor-in-Chief**

Prof. Dr. Todd Michael Franke

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