

## Special Issue

# Mental Health Promotion for Black Youth and Young Adults

### Message from the Guest Editor

Black youth and young adults may experience unique mental health stressors, combined with complex barriers to treatment and support. This may include cultural beliefs about mental health, such as the need to persevere despite emotional challenges, internalized and social stigma about mental health symptoms or help-seeking, and mistrust of healthcare systems. Research has also continually documented structural barriers, including insurance coverage, cost of services, availability of providers, location of facilities, and competing demands or responsibilities. There is a need for research that moves beyond documenting disparities, with a greater focus on disseminating innovative methods for mental health promotion among Black youth and young adults. For this Special Issue, *Youth* is interested in papers that engage in mental health promotion among Black youth, adolescents, and emerging adults. The journal is particularly interested in studies that aim to build resilience, increase community capacity, improve social determinants of health, and/or reduce stigma. Studies may focus on any area of mental health (e.g., depression, anxiety, posttraumatic stress disorder) or substance use.

### Guest Editor

Dr. Alexandria G. Bauer

Graduate School of Applied and Professional Psychology, Rutgers University, New Brunswick, NJ 08854, USA

### Deadline for manuscript submissions

30 June 2026



## Youth

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*Youth*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[youth@mdpi.com](mailto:youth@mdpi.com)

[mdpi.com/journal/  
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## About the Journal

### Message from the Editor-in-Chief

*Youth* is an international and peer-reviewed journal covering a broad range of topics that all influence persons lumped into the category of youth. The numerous issues of interest to the research community involving youth include mental health, education, sociology, economics, employment, cultural studies, civic engagement, and other social perspectives of youth and young adulthood.

Our goal is to work together with the global research community whose interest and scholarship speak to providing evidence that will support and enhance the lives of youth and the systems that affect their lives. We are interested in working with graduate students, scholars, scientists, and research centers who share this interest.

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### Editor-in-Chief

Prof. Dr. Todd Michael Franke

Department of Social Welfare, University of California, Los Angeles  
(UCLA), Los Angeles, CA 90095, USA

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