

Special Issue

Leisure and Youth Development: Self-Management, Contexts, Perception of Guaranteed Rights and Wellbeing

Message from the Guest Editors

This Special Issue invites authors to explore the role of leisure in the construction of well-being, autonomy, and active citizenship among young people. Far from being understood as a simple time of rest or escape, leisure is an educational, relational, and emotional space that is key to integral development and quality of life. In the youth stage, leisure acquires a formative and social value that has a direct impact on well-being, identity, self-realisation, and social integration. Drawing on an interdisciplinary approach that integrates sociology, leisure pedagogy, positive psychology, self-determination theory, and youth studies, this Special Issue seeks to bring together theoretical, empirical and applied research that analyses how leisure experiences can promote psychological and social well-being, personal autonomy, and positive youth development. The purpose of the Issue is to encourage dialogue between research, intervention and public policy, promoting a vision of youth leisure as a means of positive development, democratic participation, and encouraging the construction of more equitable and sustainable communities.

Guest Editors

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About the Journal

Message from the Editor-in-Chief

Youth is an international and peer-reviewed journal covering a broad range of topics that all influence persons lumped into the category of youth. The numerous issues of interest to the research community involving youth include mental health, education, sociology, economics, employment, cultural studies, civic engagement, and other social perspectives of youth and young adulthood.

Our goal is to work together with the global research community whose interest and scholarship speak to providing evidence that will support and enhance the lives of youth and the systems that affect their lives. We are interested in working with graduate students, scholars, scientists, and research centers who share this interest.

Editor-in-Chief

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