

## Special Issue

# Health and Preventive Strategies in Order to Protect Pregnancy

### Message from the Guest Editors

Pregnancy is one of the most important times in a woman's life. Maintaining the best possible health status during pregnancy is a key objective for public health in addition to gynecological, obstetrical, and reproductive sciences. At least three vaccinations are strongly recommended in order to protect pregnancy (anti-influenza, anti-diphtheria, -tetanus, and -pertussis, and anti-COVID-19 vaccinations). TORCH agents represent a threat for pregnancy worldwide, and in some cases the more appropriate preventive strategies are just vaccinations (anti-measles, -mumps, -rubella, and -varicella, and anti-hepatitis B). HIV represents another problem during pregnancy worldwide. Moreover, the increasing age of pregnant women, especially in more developed countries, makes pregnancy increasingly complex. The necessity of prenatal screening is fundamental to date in order to avoid complications during pregnancy and during birth. Finally, endometriosis, eclampsia, and pre-eclampsia are major challenges for gynecologists and women who desire to be pregnant.

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