

## Special Issue

# Exercise and Sport-Related Injuries: Rehab and Readapt

### Message from the Guest Editor

Sports injuries occur during exercise or while participating in a sport. Exercise represents physical, physiological, and psychological stress that could result in injury. Treating exercise-related injuries is a complex and a multi-layered challenge. Currently, the inter and multidisciplinary medical team faces great challenges in the management, prevention, reduction, rehabilitation, and rehabilitation of exercise-related injuries. This Special Issue aims to serve as a platform for new scientific evidence around the injury process related to exercise that helps to improve the injury management and to delve into the effectiveness and efficiency of injury rehabilitation and readaptation processes. That is why an academic space is proposed to share evidence on: 1) diagnostic methods; 2) evidence-based treatments; 3) techniques and methods of rehabilitation and return to play; 4) strength and conditioning programs for the prevention of injuries; 5) control of loads and recovery; 6) methods of analysis of epidemiological data of injuries; and 7) methods for monitoring improvements related to treatment.

### Guest Editor

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### Deadline for manuscript submissions

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