

## Special Issue

# Urban Forests and Sustainable Urban Residents' Well-Being

### Message from the Guest Editors

During the process of rapid urbanization, many serious environmental problems have arisen, such as air pollutants, urban heat islands, and urban water logging, which present a combined threat to urban residents' health and wellbeing. Urban forests are of great benefit to the people in their vicinity, and urban residents can find nourishment, clean water, and shelter, as well as jobs and a sense of social purpose, in urban forests. In addition, with increased life and work stress, exposure to urban forests reduces morbidities such as anxiety, sickness, and heat stress, and this improves the wellbeing of urban residents, especially disadvantaged groups. On the road to urban sustainable development, urban forests contribute to multiple aspects of the UN's Sustainable Development Goals (SDGs), such as No Poverty, Good Health and Well-Being, Clean Water and Sanitation, Climate Action, Life on Land, and Sustainable Cities and Communities. More details at: [https://www.mdpi.com/journal/sustainability/special\\_issues/urban\\_forests\\_well\\_being](https://www.mdpi.com/journal/sustainability/special_issues/urban_forests_well_being)

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### Guest Editors

Dr. Zhibin Ren

Dr. Dan Zhang

Dr. Chaobin Yang

Dr. Jing Yao

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### Deadline for manuscript submissions

closed (30 June 2022)



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*Sustainability*

MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[sustainability@mdpi.com](mailto:sustainability@mdpi.com)

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Prof. Dr. Marc A. Rosen

Faculty of Engineering and Applied Science, University of Ontario  
Institute of Technology, Oshawa, ON L1G 0C5, Canada

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