

Special Issue

Sustainable Well-Being

Message from the Guest Editor

Sustainable well-being comprises sustainable development and well-being at the individual, societal, and planetary levels. In this interdisciplinary Special Issue, we ask: How can people combine sustainability and well-being in their day-to-day life? Can this be achieved, for example, by giving preference to walking or cycling instead of car driving because doing so is better both for the environment and for people's physical and psychological well-being? We also want to know what the key elements of sustainable well-being in society are, and how decision makers can be more in touch with what really matters to citizens in society. Strikingly, well-off citizens have started to lose a sense of meaning in life despite continuous improvement in their material well-being. Can sustainability and life satisfaction be achieved together?

Guest Editor

Prof. Dr. Arto O. Salonen

Faculty of Social Sciences and Business Studies, University of Eastern Finland, Yliopistonranta 1 E, 70211 Kuopio, Finland

Deadline for manuscript submissions

closed (31 May 2022)



Sustainability

an Open Access Journal
by MDPI

Impact Factor 3.3
CiteScore 7.7



mdpi.com/si/44273

Sustainability
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
sustainability@mdpi.com

[mdpi.com/journal/
sustainability](https://mdpi.com/journal/sustainability)





Sustainability

an Open Access Journal
by MDPI

Impact Factor 3.3
CiteScore 7.7



[mdpi.com/journal/
sustainability](https://mdpi.com/journal/sustainability)



About the Journal

Message from the Editor-in-Chief

I encourage you to contribute a research or comprehensive review article for consideration for publication in *Sustainability*, an international Open Access journal which provides an advanced forum for research findings in areas related to sustainability and sustainable development. *Sustainability* publishes original research articles, review articles and communications. I am confident you will find the journal contributes to enhancing understanding of sustainability and fostering initiatives and applications of sustainability-based measures and activities.

Editor-in-Chief

Prof. Dr. Marc A. Rosen

Faculty of Engineering and Applied Science, University of Ontario
Institute of Technology, Oshawa, ON L1G 0C5, Canada

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE and SSCI (Web of Science), GEOBASE, GeoRef, Inspec, RePEc, CAPIus / SciFinder, and other databases.

Journal Rank:

JCR - Q2 (Environmental Studies) / CiteScore - Q1
(Geography, Planning and Development)