

Topical Collection

Sustainable Health Tourism

Message from the Collection Editors

Sustainable Health Tourism, a current phenomenon, can be broadly defined as tourism that contributes to physical and mental health through medical and wellness activities that increase the ability of individuals to meet those needs.

Presently, society spends an increasing amount of time on leisure activities, and resources are employed in actions that promote and encourage healthy lifestyles. These factors contribute to the growth of health tourism.

In addition, life in cities poses a challenge to public health which, together with chronic diseases, leads to a growing demand for health-related travel, natural alternatives, and escapism.

Sustainability and social responsibility have become key criteria in health tourism. Destinations must consider the impact of health tourism on the quality of life of local residents, as the wellbeing of local residents should be considered as important as the health of tourists.

The Topical Collection welcomes papers focused on the latest knowledge in this area of research. The papers must show originality and give a significant contribution to the scope of the Topical Collection.

Collection Editors

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Message from the Editor-in-Chief

I encourage you to contribute a research or comprehensive review article for consideration for publication in *Sustainability*, an international Open Access journal which provides an advanced forum for research findings in areas related to sustainability and sustainable development. *Sustainability* publishes original research articles, review articles and communications. I am confident you will find the journal contributes to enhancing understanding of sustainability and fostering initiatives and applications of sustainability-based measures and activities.

Editor-in-Chief

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