Special Issue

Sustainable Health: Fitness and Sports after COVID Pandemic

Message from the Guest Editors

Fitness and sports ecosystems have been considerably impacted by the COVID-19 pandemic. The varied ways in which this unprecedented phenomenon has affected the health of the population and their behaviors toward fitness and sport has received much attention from researchers in many areas that range from health and fitness, through participation and grassroots development, to high-performance and professional sport. The purpose of this Special Issue is to share emerging research issues and the latest developments in the strategies implemented by the fitness and sports sectors to achieve sustainable health levels of the population during the pandemic and the future directions after it.

Guest Editors

Dr. Miguel Crespo

International Tennis Federation, London SW15 5XZ, UK

Prof. Dr. Rafael Martinez-Gallego

Department of Sport and Physical Education, University of Valencia, 46010 Valencia, Spain

Deadline for manuscript submissions

closed (31 March 2023)



Sustainability

an Open Access Journal by MDPI

Impact Factor 3.3 CiteScore 7.7



mdpi.com/si/113585

Sustainability
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
sustainability@mdpi.com

mdpi.com/journal/ sustainability





Sustainability

an Open Access Journal by MDPI

Impact Factor 3.3 CiteScore 7.7



About the Journal

Message from the Editor-in-Chief

I encourage you to contribute a research or comprehensive review article for consideration for publication in *Sustainability*, an international Open Access journal which provides an advanced forum for research findings in areas related to sustainability and sustainable development. *Sustainability* publishes original research articles, review articles and communications. I am confident you will find the journal contributes to enhancing understanding of sustainability and fostering initiatives and applications of sustainability-based measures and activities.

Editor-in-Chief

Prof. Dr. Marc A. Rosen

Faculty of Engineering and Applied Science, University of Ontario Institute of Technology, Oshawa, ON L1G OC5, Canada

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE and SSCI (Web of Science), GEOBASE, GeoRef, Inspec, RePEc, CAPlus / SciFinder, and other databases.

Journal Rank:

JCR - Q2 (Environmental Studies) / CiteScore - Q1 (Geography, Planning and Development)

