Special Issue

Mental Health in the Remote Work Era

Message from the Guest Editors

During the two years of the COVID-19 pandemic, a digital and technological revolution permeated everyday life, changing the entire socio-economic structure and the welfare system. Under this pressure of the health emergency, organizations in all sectors have had to reorganize their internal/external processes to achieve the following:

- Redesign the entire system of relations, communication and personnel management;
- Protect their core competencies to guarantee safety, well-being and performance of hybrid/remote work;
- Reevaluate the time, space and processes of work developed in the new setting.

These transformations have had an immense impact on the world of work, as well as on the daily lives of workers and families. It is important to understand the risk factors and resources related to the widespread use of digital technologies in remote/hybrid work, as well as the additional psychosocial risks to mental health, considering the home/work conflict and the role of the occupational doctor in preventive and risk management activities.

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Deadline for manuscript submissions

closed (25 April 2023)



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