

Special Issue

Physical Activity and Brain Health in Contemporary Society: Perspectives for Sustainability

Message from the Guest Editors

The focus of this Special Issue will be on physical activity and brain health in all populations in contemporary society, specifically on providing evidence that shows the greater importance of physical activity over psychological, brain, and/or cognitive health in pre-schoolers, children, adolescents, adults, and older-adults. Therefore, this Special Issue “Physical Activity and Brain Health in Contemporary Society: Perspectives for Sustainability” welcomes original, review, and meta-analyses studies in any subject area related to physical activity and brain health (e.g., psychological health, brain, and cognition) in all populations.

Guest Editors

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I encourage you to contribute a research or comprehensive review article for consideration for publication in *Sustainability*, an international Open Access journal which provides an advanced forum for research findings in areas related to sustainability and sustainable development. *Sustainability* publishes original research articles, review articles and communications. I am confident you will find the journal contributes to enhancing understanding of sustainability and fostering initiatives and applications of sustainability-based measures and activities.

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