

Special Issue

Physical Education, Health Promotion, and Sustainability

Message from the Guest Editors

The main aim of the current Special Issue is to show the different cross-sectional, longitudinal, and intervention programs that are developed in the context of physical education, and physical activity and sports in children, adolescents, and adults. In this regard, the purpose is to show relevant associations between promoting physical activity in physical education domain and physiological, psychological, cognitive, and affective consequences. Moreover, this Special Issue aims to show different intervention programs in the promotion of physical activity in different contexts (extracurricular context, physical education context, etc.) and ages. New methodological researches and instruments are welcome.

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