Special Issue

Public Health and Sustainability in Food Consumption Habits

Message from the Guest Editors

Food demand is increasing by demographics growth, dietary inadequacy is observed among the population with a high prevalence of malnutrition, with people starving and suffering from micronutrient deficiency; in parallel, unhealthy dietary habits and related lifestyle lead to health problems. Therefore, food consumption has an impact on public health, the environment, social cohesion, and the economy. Fixing food consumption will enable the management and achievement of several SDGs. The integration of health and food consumption habits according to sustainable aspects, both at an individual and a societal level, is needed.

This Special Issue aims to collect research articles regarding public health and sustainability, where food consumption habits play the role of bridging production-environment-health. Production provides food and impacts on the environment; the environment impacts on climate (greenhouse gases emissions) and health (via residues that cause soil, air, and water pollution and consequently dietary exposure); consumption impacts on the environment (production and non-food waste) and health (nutrition); and food demand impacts on production system.

Guest Editors

Dr. Lorenza Mistura

Dr. Marika Ferrari

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Deadline for manuscript submissions

closed (30 September 2022)



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I encourage you to contribute a research or comprehensive review article for consideration for publication in *Sustainability*, an international Open Access journal which provides an advanced forum for research findings in areas related to sustainability and sustainable development. *Sustainability* publishes original research articles, review articles and communications. I am confident you will find the journal contributes to enhancing understanding of sustainability and fostering initiatives and applications of sustainability-based measures and activities.

Editor-in-Chief

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