

Special Issue

Diet, Human Health and Wellbeing in Traditional Food Systems

Message from the Guest Editors

Small Island Developing States (SIDS) share similar environmental, socioeconomic and nutritional vulnerabilities and are recognised as a special case for sustainable development. Small island states are subjected to global challenges resulting from climate change, land-use change, pandemics and political shifts, all which impact nutrition transitions and eating behaviours. Improved health and wellbeing rely upon strengthening enabling environments and improving the sustainability and resilience of local food systems to empower people and communities. In this Special Issue, we additionally hope to capture research addressing equity, food traditions and food sovereignty, and the influence these have on human health and wellbeing in SIDS. This Special Issue aims to produce a collective picture of the drivers and impact of eating behaviours on human and wellbeing in SIDS across multiple levels, including consumer and nutrition outcomes, health implications, food and nutrition security, and agricultural and food producer livelihoods. Additionally, we want to identify areas of priority for research and interventions.

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Editor-in-Chief

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