

Special Issue

Community-Based Approaches to Healthy Eating, Active Living, and the Prevention and Treatment of Overweight and Obesity in High-Risk Populations

Message from the Guest Editors

The aim of this Special Issue is to explore new research (primary research as well as systematic or in-depth reviews) relating to community- and evidence-based interventions addressing healthy eating, PA, overweight, and obesity among adults, children, and/or families.

Community-based research within any high-risk population is eligible; however, we particularly encourage studies which focus on addressing the topic area(s) in racialized/minoritized and/or otherwise marginalized or underserved communities, with an emphasis on coproduction. We welcome papers reporting the evaluation of evidence-based interventions, including process evaluation, especially those that demonstrate or foster sustainable change. In addition, qualitative and mixed-methods studies aimed at exploring the factors that influence barriers, facilitators, feasibility, and acceptability of interventions and their sustainability, including experiences of participating in community-based programmes, are of interest. **Keywords:** diet; physical activity; sedentary behaviours; obesity; overweight; weight management; community; ethnicity; sustainability; sustainment

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I encourage you to contribute a research or comprehensive review article for consideration for publication in Sustainability, an international open access journal which provides an advanced forum for research findings in areas related to sustainability and sustainable development. The journal publishes original research articles, reviews, conference proceedings (peer reviewed full articles) and communications. I am confident you will find the journal contributes to enhancing understanding of sustainability and fostering initiatives and applications of sustainability-based measures and activities.

Editor-in-Chief

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