

Special Issue

Community-Based Approaches to Healthy Eating, Active Living, and the Prevention and Treatment of Overweight and Obesity in High-Risk Populations

Message from the Guest Editors

The aim of this Special Issue is to explore new research (primary research as well as systematic or in-depth reviews) relating to community- and evidence-based interventions addressing healthy eating, PA, overweight, and obesity among adults, children, and/or families.

Community-based research within any high-risk population is eligible; however, we particularly encourage studies which focus on addressing the topic area(s) in racialized/minoritized and/or otherwise marginalized or underserved communities, with an emphasis on coproduction. We welcome papers reporting the evaluation of evidence-based interventions, including process evaluation, especially those that demonstrate or foster sustainable change. In addition, qualitative and mixed-methods studies aimed at exploring the factors that influence barriers, facilitators, feasibility, and acceptability of interventions and their sustainability, including experiences of participating in community-based programmes, are of interest. **Keywords:** diet; physical activity; sedentary behaviours; obesity; overweight; weight management; community; ethnicity; sustainability; sustainment

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Deadline for manuscript submissions

closed (31 January 2023)



Sustainability

an Open Access Journal
by MDPI

Impact Factor 3.3
CiteScore 7.7



mdpi.com/si/81685

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I encourage you to contribute a research or comprehensive review article for consideration for publication in *Sustainability*, an international Open Access journal which provides an advanced forum for research findings in areas related to sustainability and sustainable development. *Sustainability* publishes original research articles, review articles and communications. I am confident you will find the journal contributes to enhancing understanding of sustainability and fostering initiatives and applications of sustainability-based measures and activities.

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