# **Special Issue**

# Work-Life Balance and Wellbeing for Sustainable Workforces

# Message from the Guest Editors

The COVID-19 pandemic is a catalyst for employers to rethink how they implement workplace flexibility and work-life policies that meet the changing needs of employees in terms of flexibility and mental health support. The relationship between employees and employers has fundamentally changed, and new frontiers of the work-life balance are emerging. We welcome a variety of contributions in relation to sustainable workforces from the perspective of work-life balance, theoretical frameworks of wellbeing and methodological approaches. Sample topics:

- Sustainable careers
- How flexible work allows for greater work-life integration
- Four day working week and other initiatives to increase productivity and decrease procrastination
- Work-life balance, conflict, enrichment, integration
- Working and caring-more engagement from both men and women
- Restrictions and lockdowns and their impact on worklife balance
- Changes to work preferences and work-related health and safety challenges following COVID-19
- The role of leaders in promoting employee wellbeing to achieve a sustainable workplace

## **Guest Editors**

Prof. Anne Bardoel

Dr. Melissa Wheeler

Dr. Asanka Gunasekara

### Deadline for manuscript submissions

closed (20 March 2023)



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Sustainability
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
sustainability@mdpi.com

mdpi.com/journal/ sustainability





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# Message from the Editor-in-Chief

I encourage you to contribute a research or comprehensive review article for consideration for publication in Sustainability, an international open access journal which provides an advanced forum for research findings in areas related to sustainability and sustainable development. The journal publishes original research articles, reviews, conference proceedings (peer reviewed full articles) and communications. I am confident you will find the journal contributes to enhancing understanding of sustainability and fostering initiatives and applications of sustainability-based measures and activities.

## Editor-in-Chief

Prof. Dr. Steve W. Lyon

School of Environment and Natural Resources, Ohio State University, Columbus, OH 43210, USA

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