

Special Issue

Social Emotions Impact on Developing a Sustainable Behavior of Students

Message from the Guest Editors

Emotional Intelligence is one of the most important competences today in the processes of transition to an active adult life and in professional performance. The requirements and demands of the current socio-employment reality in the era of communication (mastery of technologies, new sources of employment, frenetic rhythms, etc.) increasingly favor stress, anxiety, and mental conflict, as there is no good emotional hygiene that impacts the development of the person so that they can have the necessary tools for proper management. With this Special Issue, the current state of social emotions and their impact on the development of sustainable behavior in students will be established. The objective is focused on understanding the relationship between emotional education and the processes of learning, performance, attention, and academic motivation, as well as limiting factors such as stress and anxiety. Our aim is to collect studies that innovatively implement programs to determine profiles, diagnoses, and evaluation of the impacts that interventions on emotional education have on the learning processes of users, for their personal academic and well-being socio-employment.

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