

## Special Issue

# Sport Psychology and Sustainable Health and Well-being

### Message from the Guest Editors

A new approach to sport psychology from the lens of sustainable development is opening to researchers and practitioners. This special issue aims at discussing sport psychology approaches to develop sustainable goals related to psychological health and well-being in competitive and participation sport programs and strategies. We invite authors to submit research articles, literature reviews or conceptual papers. The following topics are welcome to contribute in this special issue:

- Athlete's mental health
- Athlete's well-being
- Blue exercise
- Education for sustainability
- Elite sport
- Ethics
- Green exercise
- Nature connectedness
- Natural environment
- Olympic sport
- Outdoor sports
- Participation sport
- Physical activity
- Positive psychology
- Primary prevention
- Psychological climate
- Psychological skills
- Psychological training
- Psychology for sustainability
- Recovery
- Resilience
- Social environment
- Sport goals
- Sport organizations behavior
- Sport organizations climate
- Sustainability
- Sustainable development
- Sustainable sport organizations

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### Guest Editors

Prof. Dr. Sidonio Serpa

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## Sustainability

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## About the Journal

### Message from the Editor-in-Chief

I encourage you to contribute a research or comprehensive review article for consideration for publication in *Sustainability*, an international Open Access journal which provides an advanced forum for research findings in areas related to sustainability and sustainable development. *Sustainability* publishes original research articles, review articles and communications. I am confident you will find the journal contributes to enhancing understanding of sustainability and fostering initiatives and applications of sustainability-based measures and activities.

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### Editor-in-Chief

Prof. Dr. Marc A. Rosen

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