

Special Issue

New Perspectives on the Role of Intrinsic Motivation and Self-Regulation

Message from the Guest Editors

This Special Issue aims to gather relevant contributions around motivation and self-regulation and their interactions with engagement and performance and with well-being and quality of life of individuals and/or groups in different environments. Empirical research that allows us to synthesize and value the role of self-regulatory skills on health, adjustment, and well-being is relevant to this issue. We are interested in knowing how different profiles of self-regulatory or self-regulation strategies affect performance and engagement in different environments and how they are linked to emotional well-being, satisfaction, and quality of life of groups and individuals. We are also interested in gathering both research and reviews on the impact of intrinsic motivation on well-being and performance of individuals and groups...

Guest Editors

Dr. Rodríguez Martínez Susana

Dr. Isabel Piñeiro Aguín

Prof. Dr. Bibiana Regueiro

Deadline for manuscript submissions

closed (21 July 2021)



Sustainability

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CiteScore 7.7



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I encourage you to contribute a research or comprehensive review article for consideration for publication in Sustainability, an international open access journal which provides an advanced forum for research findings in areas related to sustainability and sustainable development. The journal publishes original research articles, reviews, conference proceedings (peer reviewed full articles) and communications. I am confident you will find the journal contributes to enhancing understanding of sustainability and fostering initiatives and applications of sustainability-based measures and activities.

Editor-in-Chief

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