

Special Issue

Healthy and Sustainable Cities by Day and Night. The Future of Research-Based Practice.

Message from the Guest Editor

Recent months have shown that globally, the vast majority of urban settings lack fundamental elements that could improve the physical health and mental wellbeing of city inhabitants during the COVID-19 pandemic and widespread lockdowns. As our cities become denser to accommodate the increase in population, far too many people experience the long-term consequences of densification. These include extreme temperature conditions such as urban heat island, a significant decrease in contact with blue-green infrastructures, as well as reduced exposure to daylight through the day, coupled with an increase in exposure to light pollution at night. The significant and rapid transformation witnessed today, in the way we design, build, and maintain our urban spaces, requires adequate improvement strategies for their integration into Sustainable Development Goals (SDGs) during and after the COVID-19 pandemic. In the context of this Special Issue, submissions that explore mitigation strategies connected to this topic are strongly encouraged.

Guest Editor

Dr. Karolina M. Zielinska-Dabkowska

Faculty of Architecture, Gdansk University of Technology, Narutowicza 11/12, 80-233 Gdansk, Poland

Deadline for manuscript submissions

closed (31 December 2021)



Sustainability

an Open Access Journal
by MDPI

Impact Factor 3.3
CiteScore 7.7



mdpi.com/si/75821

Sustainability
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
sustainability@mdpi.com

[mdpi.com/journal/
sustainability](https://mdpi.com/journal/sustainability)





Sustainability

an Open Access Journal
by MDPI

Impact Factor 3.3
CiteScore 7.7



[mdpi.com/journal/
sustainability](https://mdpi.com/journal/sustainability)



About the Journal

Message from the Editor-in-Chief

I encourage you to contribute a research or comprehensive review article for consideration for publication in Sustainability, an international open access journal which provides an advanced forum for research findings in areas related to sustainability and sustainable development. The journal publishes original research articles, reviews, conference proceedings (peer reviewed full articles) and communications. I am confident you will find the journal contributes to enhancing understanding of sustainability and fostering initiatives and applications of sustainability-based measures and activities.

Editor-in-Chief

Prof. Dr. Steve W. Lyon

School of Environment and Natural Resources, Ohio State University,
Columbus, OH 43210, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE and SSCI (Web of Science), GEOBASE, GeoRef, Inspec, RePEc, CAPlus / SciFinder, and other databases.

Journal Rank:

JCR - Q2 (Environmental Studies) / CiteScore - Q1
(Geography, Planning and Development)