

Special Issue

Sustainable Food Systems: Advancing Equity, Efficiency, and Resilience for a Better Future

Message from the Guest Editors

The scope of this Special Issue includes the enhancement of resource efficiency across food production and distribution, reductions in food waste, the promotion of equitable access to nutritious food, and the mitigation of the health impacts of climate change. Emphasis will also be placed on the role of food reformulation, dietary shifts, and public health policies in fostering sustainable and healthy eating patterns. **The aim** of this Special Issue is to present holistic approaches that align environmental goals with health outcomes. While much of the existing research focuses on isolated aspects, this Special Issue will underscore the interconnectedness of ecological sustainability, nutrition, and health equity, offering actionable insights into integrated solutions. We welcome submissions on topics including but not limited to:

- sustainable food systems
- resource efficiency
- health equity
- resilience
- public health nutrition
- planetary health
- food policy
- food security
- climate adaptation
- socio-economic sustainability

Guest Editors

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About the Journal

Message from the Editor-in-Chief

I encourage you to contribute a research or comprehensive review article for consideration for publication in *Sustainability*, an international Open Access journal which provides an advanced forum for research findings in areas related to sustainability and sustainable development. *Sustainability* publishes original research articles, review articles and communications. I am confident you will find the journal contributes to enhancing understanding of sustainability and fostering initiatives and applications of sustainability-based measures and activities.

Editor-in-Chief

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