

Special Issue

Physical Education and Educational Innovation for Sustainability

Message from the Guest Editors

Physical Education and sports professionals should include motivational strategies and innovative pedagogical practices in their classes that encourage increased physical activity to improve performance in the classroom and in training sessions, as well as to develop physical fitness, group cohesion and participant health, making them sustainable in educational and sport contexts. This Special Issue of Sustainability aims to bring together scientific advances on the importance of the application of different models and methods of teaching in Physical Education, at different levels and in different educational contexts (preschool, primary, secondary and higher education) and extracurricular sports. These contents could be completed by analyzing the academic achievement in the classroom together with the social, emotional, cognitive and biological factors that determine the commitment to physical activity.

Guest Editors

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Message from the Editor-in-Chief

I encourage you to contribute a research or comprehensive review article for consideration for publication in *Sustainability*, an international Open Access journal which provides an advanced forum for research findings in areas related to sustainability and sustainable development. *Sustainability* publishes original research articles, review articles and communications. I am confident you will find the journal contributes to enhancing understanding of sustainability and fostering initiatives and applications of sustainability-based measures and activities.

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