

Special Issue

Physical Activity and Behavior: Training and Education Models for Sustainable Health and Performance

Message from the Guest Editors

The purpose of this Special Issue is to publish articles and reviews with particular regard to physical education, occupational health and wellbeing interventions, as well as municipal and governmental initiatives and policies. Underlying physiological mechanisms in the fields of sport, exercise, and physical activity are also welcome.

We look forward to receiving contributions related but not limited to the following topics:

- (i) experimental studies and interventions using physical education in various settings;
- (ii) observational analytical studies identifying the effects of practicing sport and exercise on psychophysical health, quality of life, and physical performance;
- (iii) systematic reviews and meta-analyses that may summarize the evidence about the effects of sport, exercise, and physical activity on health, mental health, and overall wellbeing.

Guest Editors

Dr. Filip Kukić

Dr. Jay Dawes

Prof. Dr. Nenad Koropanovski

Dr. Robin Orr

Deadline for manuscript submissions

closed (30 June 2023)



Sustainability

an Open Access Journal
by MDPI

Impact Factor 3.3
CiteScore 7.7



mdpi.com/si/107554

Sustainability
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
sustainability@mdpi.com

[mdpi.com/journal/
sustainability](https://mdpi.com/journal/sustainability)





Sustainability

an Open Access Journal
by MDPI

Impact Factor 3.3
CiteScore 7.7



[mdpi.com/journal/
sustainability](https://mdpi.com/journal/sustainability)



About the Journal

Message from the Editor-in-Chief

I encourage you to contribute a research or comprehensive review article for consideration for publication in Sustainability, an international open access journal which provides an advanced forum for research findings in areas related to sustainability and sustainable development. The journal publishes original research articles, reviews, conference proceedings (peer reviewed full articles) and communications. I am confident you will find the journal contributes to enhancing understanding of sustainability and fostering initiatives and applications of sustainability-based measures and activities.

Editor-in-Chief

Prof. Dr. Steve W. Lyon

School of Environment and Natural Resources, Ohio State University,
Columbus, OH 43210, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE and SSCI (Web of Science), GEOBASE, GeoRef, Inspec, RePEc, CAPlus / SciFinder, and other databases.

Journal Rank:

JCR - Q2 (Environmental Studies) / CiteScore - Q1 (Geography, Planning and Development)