

Special Issue

Physical Activity as a Means to Reduce Violent Behaviors in the Educational Environment for a Sustainable Education

Message from the Guest Editor

Due to the greater visibility of the problem and the more exhaustive knowledge of the consequences that bullying can have in younger subjects, which can sometimes lead to suicide, society's sensitivity to situations of bullying has increased. At present, the study of school violence in the scientific field becoming a priority topic. Violence or bullying is understood as a way of exercising domination over others through the use of force or power relations, with the ultimate objective of maintaining a supposed superiority over their peers. This special issue aims to explore violent behaviors in adolescents and children in relation to the practice of physical activity and the various psychological factors (motivation, self-concept, emotional intelligence, anxiety, empathy, stress, ...) that may be related to the development of said behaviors. It is essential to identify and control the risk factors that influence the development of violent behaviors in schoolchildren, since behavioral patterns are created at these ages that if they become established, will continue throughout adolescence and adulthood. Prof. Dr. Manuel Castro Sánchez

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