

Special Issue

The Convergence of Recreation, Green Tourism and Environmental Sustainability

Message from the Guest Editors

This special issue delves into how eco-friendly traveling and nature-based tourism are reshaping our approach to leisure and sport activities. The core of this transformation lies in adopting practices that not only enhance outdoor recreation but also foster environmental health promotion through sustainable management. Eco-friendly traveling is redefining the tourism industry by emphasizing low-impact, responsible travel practices that benefit both the environment and local communities. Nature-based tourism, which focuses on exploring natural landscapes, inherently supports conservation efforts and promotes a deeper connection between individuals and their surroundings. Sustainable leisure and sport activities play a crucial role in this paradigm shift. By integrating principles of sustainability into these activities, we can minimize their ecological footprint while maximizing their positive impact on environmental health. The issue aims to explore these themes comprehensively, offering insights into how innovative practices in recreation and tourism can align with broader goals of environmental sustainability and community well-being.

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