

Special Issue

Nutritional Sustainability for Youth Development

Message from the Guest Editor

This Special Issue will address different aspects, with the potential to advance in sustainable food systems, taking into account nutritional sustainability as a guiding concept. Therefore, given the high and growing prevalence of childhood obesity worldwide, one of the main topics of this issue will be the research on balanced nutrition that helps in the combat of obesity in children and adolescents, and which, in turn, have sustainable characters, from nutritional education in youth (to eat healthy and to choose sustainable food) to the impact that these diets have on the health of young people. For further reading, please visit the [Special Issue website](#).

Guest Editor

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I encourage you to contribute a research or comprehensive review article for consideration for publication in Sustainability, an international open access journal which provides an advanced forum for research findings in areas related to sustainability and sustainable development. The journal publishes original research articles, reviews, conference proceedings (peer reviewed full articles) and communications. I am confident you will find the journal contributes to enhancing understanding of sustainability and fostering initiatives and applications of sustainability-based measures and activities.

Editor-in-Chief

Prof. Dr. Steve W. Lyon

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