

Special Issue

Nature and Well-Being Science: Environments for Thriving

Message from the Guest Editors

For this Special Issue “Nature and Well-Being Science: Environments for Thriving”, we are inviting submissions of high-quality papers that explore the underlying mechanisms and impact of nature on well-being and mental health. Papers examining the links between natural environments on pro-social and environmental behaviors are also encouraged. Of special interest is the use of novel methods to measure exposure to nature as well as cross-disciplinary interventions and initiatives for promoting nature connectedness in a range of contexts (e.g., urban settings, vertical schools, workplaces) and for a variety of populations, including young people. Mixed methods and longitudinal studies are welcome, as are studies that test and advance nature theory and its relevance to mental health and well-being.

Guest Editors

Prof. Dr. Dianne A. Vella-Brodrick

Centre for Wellbeing Science, Melbourne Graduate School of Education, University of Melbourne, Melbourne 3010, Australia

Prof. Dr. Thomas Astell-Burt

Population Wellbeing and Environment Research Lab (PowerLab), School of Health and Society, Faculty of Arts, Humanities and Social Sciences, University of Wollongong, Wollongong, NSW 2522, Australia

Deadline for manuscript submissions

closed (30 September 2022)



Sustainability

an Open Access Journal
by MDPI

Impact Factor 3.3
CiteScore 7.7



mdpi.com/si/80339

Sustainability
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
sustainability@mdpi.com

[mdpi.com/journal/
sustainability](https://mdpi.com/journal/sustainability)





Sustainability

an Open Access Journal
by MDPI

Impact Factor 3.3
CiteScore 7.7



[mdpi.com/journal/
sustainability](https://mdpi.com/journal/sustainability)



About the Journal

Message from the Editor-in-Chief

I encourage you to contribute a research or comprehensive review article for consideration for publication in Sustainability, an international open access journal which provides an advanced forum for research findings in areas related to sustainability and sustainable development. The journal publishes original research articles, reviews, conference proceedings (peer reviewed full articles) and communications. I am confident you will find the journal contributes to enhancing understanding of sustainability and fostering initiatives and applications of sustainability-based measures and activities.

Editor-in-Chief

Prof. Dr. Steve W. Lyon

School of Environment and Natural Resources, Ohio State University,
Columbus, OH 43210, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE and SSCI (Web of Science), GEOBASE, GeoRef, Inspec, RePEc, CAPlus / SciFinder, and other databases.

Journal Rank:

JCR - Q2 (Environmental Studies) / CiteScore - Q1
(Geography, Planning and Development)