

Special Issue

Sustainability of Physical and Mental Health during COVID-19 and Other Pandemics

Message from the Guest Editors

This Special Issue focuses on physical and mental health, which have been closely linked to one of seventeen Sustainable Development Goals initiated by the United Nations. To ensure healthy lives and well-being at all ages, any sustainable approaches inspired by these Sustainable Development Goals should be considered. Since the COVID-19 pandemic impacted almost every aspect of people's life, the sustainability of healthy physical and mental health has become prominent. Information on sustainability-driven approaches that can promote the physical and mental health of the entire population across subgroups is invaluable. This Special Issue aims to assemble a range of sustainability-related approaches/aspects that can promote physical and mental health, including, but not limited to, healthy cities, health behaviours, use of technology, health service, one health, public health policies, etc. We are interested in the effectiveness of these approaches amid the COVID-19 pandemic. In addition, we also welcome research examining the approaches that occurred prior to the pandemic but demonstrate implications amid the pandemic and the post-pandemic periods.

Guest Editors

Dr. Casper J.P. Zhang

School of Public Health, The University of Hong Kong, Hong Kong, China

Dr. Wai-Kit Ming

Department of Infectious Diseases and Public Health, Jockey Club College of Veterinary Medicine and Life Sciences, City University of Hong Kong, Hong Kong 999077, China

Deadline for manuscript submissions

closed (3 November 2023)



Sustainability

an Open Access Journal
by MDPI

Impact Factor 3.3
CiteScore 7.7



mdpi.com/si/156357

Sustainability
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
sustainability@mdpi.com

[mdpi.com/journal/
sustainability](https://mdpi.com/journal/sustainability)





Sustainability

an Open Access Journal
by MDPI

Impact Factor 3.3
CiteScore 7.7



[mdpi.com/journal/
sustainability](https://mdpi.com/journal/sustainability)



About the Journal

Message from the Editor-in-Chief

I encourage you to contribute a research or comprehensive review article for consideration for publication in *Sustainability*, an international Open Access journal which provides an advanced forum for research findings in areas related to sustainability and sustainable development. *Sustainability* publishes original research articles, review articles and communications. I am confident you will find the journal contributes to enhancing understanding of sustainability and fostering initiatives and applications of sustainability-based measures and activities.

Editor-in-Chief

Prof. Dr. Marc A. Rosen

Faculty of Engineering and Applied Science, University of Ontario
Institute of Technology, Oshawa, ON L1G 0C5, Canada

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE and SSCI (Web of Science), GEOBASE, GeoRef, Inspec, RePEc, CAPIus / SciFinder, and other databases.

Journal Rank:

JCR - Q2 (Environmental Studies) / CiteScore - Q1
(Geography, Planning and Development)