

## Special Issue

# Heart Rate Variability in Sustainable Health and Sport Contexts: New Insights and Perspectives

### Message from the Guest Editors

New approaches in the use of Heart rate variability (HRV) as an outcome to control physical or cognitive loads are of great interest for this Special Issue. Moreover, authors are encouraged to explore the effects of physical exercise on HRV in healthy or special populations. The use of non-linear measures is also of particular interest for this Special Issue. Original articles, systematic reviews, and meta-analyses are welcome.

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### Guest Editors

Dr. Santos Villafaina

Prof. Dr. Juan Pedro Fuentes García

Dr. Daniel Collado-Mateo

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### Deadline for manuscript submissions

closed (30 June 2021)



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*Sustainability*  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[sustainability@mdpi.com](mailto:sustainability@mdpi.com)

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### Editor-in-Chief

Prof. Dr. Marc A. Rosen

Faculty of Engineering and Applied Science, University of Ontario  
Institute of Technology, Oshawa, ON L1G 0C5, Canada

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