

Special Issue

Heart Rate Variability in Sustainable Health and Sport Contexts: New Insights and Perspectives

Message from the Guest Editors

New approaches in the use of Heart rate variability (HRV) as an outcome to control physical or cognitive loads are of great interest for this Special Issue. Moreover, authors are encouraged to explore the effects of physical exercise on HRV in healthy or special populations. The use of non-linear measures is also of particular interest for this Special Issue. Original articles, systematic reviews, and meta-analyses are welcome.

Guest Editors

Dr. Santos Villafaina
Prof. Dr. Juan Pedro Fuentes García
Dr. Daniel Collado-Mateo

Deadline for manuscript submissions

closed (30 June 2021)



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I encourage you to contribute a research or comprehensive review article for consideration for publication in Sustainability, an international open access journal which provides an advanced forum for research findings in areas related to sustainability and sustainable development. The journal publishes original research articles, reviews, conference proceedings (peer reviewed full articles) and communications. I am confident you will find the journal contributes to enhancing understanding of sustainability and fostering initiatives and applications of sustainability-based measures and activities.

Editor-in-Chief

Prof. Dr. Steve W. Lyon

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