

Special Issue

Environmentally Sustainable Diets

Message from the Guest Editor

Dear colleagues, The purpose of the Special Issue on Environmentally Sustainable Diets is to focus on how future diets could affect health and the environmental impact. Changing from an animal-based diet to a plant-forward diet such as suggested by the EAT-Lancet diet is anticipated to have major health and environmental effects. The EAT-Lancet diet is a mark on the horizon, since the current dietary patterns in most countries are far off these guidelines. There is a need for short-term effective changes in consumption and production towards healthy and more sustainable diets. The aim of this Special Issue is to deliver key findings and insights that aid individuals, businesses, communities, and governments to make the healthy and sustainable choice an informed choice. Changing current diets towards healthier and more sustainable diets is not only a responsibility of the consumer. The food environment (availability), food pricing, and marketing (affordability) as well as liking (preferability) play a major role.

Guest Editor

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I encourage you to contribute a research or comprehensive review article for consideration for publication in *Sustainability*, an international Open Access journal which provides an advanced forum for research findings in areas related to sustainability and sustainable development. *Sustainability* publishes original research articles, review articles and communications. I am confident you will find the journal contributes to enhancing understanding of sustainability and fostering initiatives and applications of sustainability-based measures and activities.

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