

## Special Issue

# Health, Wellbeing and Environmental Benefits of Contact with Nature

### Message from the Guest Editors

The aim of this Special Issue is to present recent research that explores the range of human and environmental health and wellbeing benefits of a contact with nature (this can include passive or active interaction). 'Health and wellbeing' can encompass several dimensions, including physical, mental, social, and spiritual. In keeping with the scope of the journal, this Special Issue also aims to explore the environmental or ecosystem benefits of a contact with nature.

In this Special Issue, original research articles and reviews are welcome. Research themes may include (but are not limited to) the following: Augmented reality/virtual reality and nature; Blue spaces; Environmental volunteering; Forest therapy; Green prescriptions; Green spaces; Indigenous place-based activities; Landscape and emotions; Mental health and wellbeing; Natural environment and exposome; Nature-based interventions; Nature-based solutions; Physical health and wellbeing; Planetary health; Social health and wellbeing; Spiritual health and wellbeing.

We look forward to receiving your contributions.

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### Guest Editors

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### Deadline for manuscript submissions

closed (31 January 2024)



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## About the Journal

### Message from the Editor-in-Chief

I encourage you to contribute a research or comprehensive review article for consideration for publication in *Sustainability*, an international Open Access journal which provides an advanced forum for research findings in areas related to sustainability and sustainable development. *Sustainability* publishes original research articles, review articles and communications. I am confident you will find the journal contributes to enhancing understanding of sustainability and fostering initiatives and applications of sustainability-based measures and activities.

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### Editor-in-Chief

Prof. Dr. Marc A. Rosen

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