# **Special Issue**

# Sustainable Food and Diets: For Better Nutrition, Health and Environment

## Message from the Guest Editor

Malnutrition and escalating pressures on the resources and environment are two major challenges for development faced globally. Promoting sustainable food and diets (SFDs) helps optimize food consumption patterns, improve residents' nutrition and health, ensure food security, and alleviate pressures on resources and the environment, making it the optimal choice for sustainable development. Current research on sustainable food and healthy diets mostly focuses on global-level assessments and predictions, lacking specific and in-depth studies. This Special Issue aims to study sustainable and healthy diets comprehensively and systematically from three perspectives: theory, methodology, and application. Potential topics related to this Special Issue include, but are not limited to:

- Develop conceptual frameworks and theoretical foundations for SFD studies.
- Construct dietary supply systems for SFDs.
- Summarize the current status of SFD development.
- Explore pathways and mechanisms for achieving SFDs.
- Investigate influencing factors of SFDs.
- Analyze the health and environmental effects of SFDs.

#### **Guest Editor**

Dr. Haiquan Xu

Institute of Food and Nutrition Development, Ministry of Agriculture and Rural Affairs, Beijing 100081, China

### Deadline for manuscript submissions

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Sustainability
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
sustainability@mdpi.com

mdpi.com/journal/ sustainability





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## Message from the Editor-in-Chief

I encourage you to contribute a research or comprehensive review article for consideration for publication in Sustainability, an international open access journal which provides an advanced forum for research findings in areas related to sustainability and sustainable development. The journal publishes original research articles, reviews, conference proceedings (peer reviewed full articles) and communications. I am confident you will find the journal contributes to enhancing understanding of sustainability and fostering initiatives and applications of sustainability-based measures and activities.

### Editor-in-Chief

Prof. Dr. Steve W. Lyon

School of Environment and Natural Resources, Ohio State University, Columbus, OH 43210, USA

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