

Special Issue

Interventions to Foster Mental Health and Human Well-Being through Emotional Intelligence in Educational Settings

Message from the Guest Editor

Emotional intelligence (EI) has been proposed as a demanding strategy to assist patients in the prevention of mental health conditions. Today, the development of EI has become one of the most important challenges in human education, mainly when thinking about how to build a healthy humanity in the future and how to foster the next generation of citizens to have a new mindset. This Special Issue calls for researchers to work together to summarize proposals aimed to facilitate professionals in educational settings to foster EI and well-being. However, it is crucial to highlight that this special collection does not aim to substitute the reception of actual medical advice and therapy, but wants to collect strategies to help teachers, from early childhood to adolescence, or even university teachers, to improve their own and their students' intra- and inter-personal competences. I look forward to receiving your contributions in order to deal with the matter together.

Guest Editor

Prof. Dr. Markel Rico-González

Department of Didactics of Musical, Plastic and Corporal Expression,
University of the Basque Country, UPV-EHU, Leioa, Vizcaya, Spain

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Sustainability
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
sustainability@mdpi.com

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Editor-in-Chief

Prof. Dr. Steve W. Lyon

School of Environment and Natural Resources, Ohio State University,
Columbus, OH 43210, USA

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