Special Issue

Interventions to Foster Mental Health and Human Well-Being through Emotional Intelligence in Educational Settings

Message from the Guest Editor

Emotional intelligence (EI) has been proposed as a demanding strategy to assist patients in the prevention of mental health conditions. Today, the development of El has become one of the most important challenges in human education, mainly when thinking about how to build a healthy humanity in the future and how to foster the next generation of citizens to have a new mindset. This Special Issue calls for researchers to work together to summarize proposals aimed to facilitate professionals in educational settings to foster El and well-being. However, it is crucial to highlight that this special collection does not aim to substitute the reception of actual medical advice and therapy, but wants to collect strategies to help teachers, from early childhood to adolescence, or even university teachers, to improve their own and their students' intra- and interpersonal competences. I look forward to receiving your contributions in order to deal with the matter together.

Guest Editor

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I encourage you to contribute a research or comprehensive review article for consideration for publication in Sustainability, an international open access journal which provides an advanced forum for research findings in areas related to sustainability and sustainable development. The journal publishes original research articles, reviews, conference proceedings (peer reviewed full articles) and communications. I am confident you will find the journal contributes to enhancing understanding of sustainability and fostering initiatives and applications of sustainability-based measures and activities.

Editor-in-Chief

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