

Special Issue

Sustainable Physical and Sports Education: Observation, Assessment, and Teaching Strategies

Message from the Guest Editors

Physical and sports education plays a crucial role in the pursuit of sustainable development goals outlined in the Agenda 2030. These goals encompass a wide range of social, economic, and environmental aspirations aiming to create a more equitable and sustainable future.

Physical and sports education provides a foundation for fostering healthier lifestyles, promoting inclusivity, and empowering individuals to lead active lives. Through sports activities, individuals can learn valuable skills such as teamwork, discipline, and respect for others, fostering a sense of community and collective responsibility. By harnessing the potential of physical education and sport, we can make significant strides towards achieving the sustainable development goals, creating a better world for future generations. This special issue aims to address emerging research issues and share the latest developments in sustainable teaching strategies, assessment methods, and inclusive practices in physical and sports education. We look forward to receiving your contributions.

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Message from the Editor-in-Chief

I encourage you to contribute a research or comprehensive review article for consideration for publication in Sustainability, an international open access journal which provides an advanced forum for research findings in areas related to sustainability and sustainable development. The journal publishes original research articles, reviews, conference proceedings (peer reviewed full articles) and communications. I am confident you will find the journal contributes to enhancing understanding of sustainability and fostering initiatives and applications of sustainability-based measures and activities.

Editor-in-Chief

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