

## Special Issue

# Technology in Physical Education and Sustainable Development on Children and Adolescents

### Message from the Guest Editors

School physical education is a great means for the creation of skills and values of children and adolescents. The use of technological means to be able to expand knowledge and skills in digital technology supposes an increase in competence, while situations of reflection must be created on the saving of traditional resources such as paper, among other elements. Environmental sustainability is fundamental today and education from an early age implies the creation of habits that will continue in the future.

This Special Issue aims to create a point of reference in terms of technological innovation, education, knowledge transfer, and development of habits that help the environmental and educational sustainability of schoolchildren. It will explore the relationships between psychosocial factors and the association with different aspects related to physical education and sport. We accept scientific review studies and descriptive studies, technical reports, and practical cases offered by research, science, and innovation. Special emphasis on methodology and planning also allows for new activities and working methods.

### Guest Editors

Prof. Dr. Alfonso Castillo-Rodríguez

Department of Physical Education and Sports, University of Granada,  
18011 Granada, Spain

Prof. Dr. Wanesa Onetti-Onetti

Department of Physical Education and Health, Universidad  
Internacional de la Rioja (UNIR), 26006 Logroño, Spain

### Deadline for manuscript submissions

closed (14 June 2024)



## Sustainability

an Open Access Journal  
by MDPI

Impact Factor 3.3  
CiteScore 7.7



[mdpi.com/si/181938](https://mdpi.com/si/181938)

*Sustainability*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[sustainability@mdpi.com](mailto:sustainability@mdpi.com)

[mdpi.com/journal/  
sustainability](https://mdpi.com/journal/sustainability)





## Sustainability

---

an Open Access Journal  
by MDPI

---

Impact Factor 3.3  
CiteScore 7.7



[mdpi.com/journal/  
sustainability](https://mdpi.com/journal/sustainability)



## About the Journal

### Message from the Editor-in-Chief

I encourage you to contribute a research or comprehensive review article for consideration for publication in *Sustainability*, an international Open Access journal which provides an advanced forum for research findings in areas related to sustainability and sustainable development. *Sustainability* publishes original research articles, review articles and communications. I am confident you will find the journal contributes to enhancing understanding of sustainability and fostering initiatives and applications of sustainability-based measures and activities.

---

### Editor-in-Chief

Prof. Dr. Marc A. Rosen

Faculty of Engineering and Applied Science, University of Ontario  
Institute of Technology, Oshawa, ON L1G 0C5, Canada

---

### Author Benefits

#### Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

#### High Visibility:

indexed within Scopus, SCIE and SSCI (Web of Science), GEOBASE, GeoRef, Inspec, RePEc, CAPIus / SciFinder, and other databases.

#### Journal Rank:

JCR - Q2 (Environmental Studies) / CiteScore - Q1  
(Geography, Planning and Development)