

## Special Issue

# Well-Being and Urban Green Spaces: Advantages for Sustainable Cities

### Message from the Guest Editors

This Special Issue (SI) focuses on the advantages of urban green spaces for building sustainable cities and for the well-being of city inhabitants. This SI aims to showcase public, private and community projects and initiatives that, individually or in association with practices and policies, pave the way for building sustainable cities and contribute to the promotion of well-being. This SI also welcomes papers on research studies and reviews addressing the concepts, issues and interconnection of the three main themes: well-being, urban green spaces and sustainable cities. Urban green spaces can be quite diverse, with different natural elements, formats, areas and service provisions; they can be as simple as a green corridor or as complex as an urban farm or a wide park. Papers analyzing and discussing the different contributions of urban green spaces to the promotion of well-being and to sustainability in cities are particularly important for this SI.

---

### Guest Editors

Dr. Rui Leandro Maia

1. Human and Social Sciences Faculty, Fernando Pessoa University, 4249-004 Porto, Portugal

2. RISE-Health Research Network, Faculty of Medicine, University of Porto, 4200-319 Porto, Portugal

Dr. Nelson Barros

Faculty of Science and Technology, Fernando Pessoa University, 4249-004 Porto, Portugal

---

### Deadline for manuscript submissions

closed (31 March 2026)



## Sustainability

---

an Open Access Journal  
by MDPI

---

Impact Factor 3.3  
CiteScore 7.7



[mdpi.com/si/199284](https://mdpi.com/si/199284)

*Sustainability*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[sustainability@mdpi.com](mailto:sustainability@mdpi.com)

[mdpi.com/journal/  
sustainability](https://mdpi.com/journal/sustainability)





## Sustainability

---

an Open Access Journal  
by MDPI

---

Impact Factor 3.3  
CiteScore 7.7



[mdpi.com/journal/  
sustainability](https://mdpi.com/journal/sustainability)



# About the Journal

## Message from the Editor-in-Chief

I encourage you to contribute a research or comprehensive review article for consideration for publication in Sustainability, an international open access journal which provides an advanced forum for research findings in areas related to sustainability and sustainable development. The journal publishes original research articles, reviews, conference proceedings (peer reviewed full articles) and communications. I am confident you will find the journal contributes to enhancing understanding of sustainability and fostering initiatives and applications of sustainability-based measures and activities.

---

## Editor-in-Chief

Prof. Dr. Steve W. Lyon

School of Environment and Natural Resources, Ohio State University,  
Columbus, OH 43210, USA

---

## Author Benefits

### Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

### High Visibility:

indexed within Scopus, SCIE and SSCI (Web of Science), GEOBASE, GeoRef, Inspec, RePEc, CAPlus / SciFinder, and other databases.

### Journal Rank:

JCR - Q2 (Environmental Studies) / CiteScore - Q1  
(Geography, Planning and Development)