

## Special Issue

# Strong Nature, Strong Mind— The Interphase between Environmental Sustainability and Mental Health

### Message from the Guest Editors

In this Special Issue, we would like to join two well-known topics of high actuality: mental health and a sustainable environment. This Special Issue's aim is to bring together new research and interventions helping to create and maintain a healthy, sustainable environment, thereby helping to maintain and constantly improve our mental health, which is so affected by multiple environmental factors. Given the above, studies on the following topics, but are not limited to, are welcome: Social environment: socioeconomic, racial, ethnic, and related conditions Work environment Urbanization Nature Health policies related to the topic mental health in relationship with the environment We look forward to receiving your contributions. Prof. Dr. Mona Vintilă

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### Guest Editors

Prof. Dr. Mona Vintila  
Prof. Dr. Cosmin Goian  
Dr. Adelina Ștefănuț

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### Deadline for manuscript submissions

closed (10 November 2023)



Sustainability

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# About the Journal

## Message from the Editor-in-Chief

I encourage you to contribute a research or comprehensive review article for consideration for publication in Sustainability, an international open access journal which provides an advanced forum for research findings in areas related to sustainability and sustainable development. The journal publishes original research articles, reviews, conference proceedings (peer reviewed full articles) and communications. I am confident you will find the journal contributes to enhancing understanding of sustainability and fostering initiatives and applications of sustainability-based measures and activities.

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## Editor-in-Chief

Prof. Dr. Steve W. Lyon

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