



Community-Based Approaches to Healthy Eating, Active Living, and the Prevention and Treatment of Overweight and Obesity in High-Risk Populations

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Message from the Guest Editors

The aim of this Special Issue is to explore new research (primary research as well as systematic or in-depth reviews) relating to community- and evidence-based interventions addressing healthy eating, PA, overweight, and obesity among adults, children, and/or families. Community-based research within any high-risk population is eligible; however, we particularly encourage studies which focus on addressing the topic area(s) in racialized/minoritized and/or otherwise marginalized or underserved communities, with an emphasis on coproduction. We welcome papers reporting the evaluation of evidence-based interventions, including process evaluation, especially those that demonstrate or foster sustainable change. In addition, qualitative and mixed-methods studies aimed at exploring the factors that influence barriers, facilitators, feasibility, and acceptability of interventions and their sustainability, including experiences of participating in community-based programmes, are of interest.

Keywords: diet; physical activity; sedentary behaviours; obesity; overweight; weight management; community; ethnicity; sustainability; sustainment





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