



Sustainable Food Systems, Nutrition, and Health

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Message from the Guest Editors

Dear Colleagues,

The concept of Healthy Diets from Sustainable Food Systems would benefit from an in-depth examination of the four domains that underlie both healthy diets and sustainable food systems. Sustainable diets need to be nutrient-rich, affordable, socially acceptable, and with a low impact on the environment. Sustainable food systems need to be economically viable, provide value to society, and make optimum use of both human and natural resources, including land, water, and energy.

An in-depth examination of the socioeconomic components of diets and food systems, including topics relevant to both high-income and low- and middle-income countries, would complement the existing literature and improve understanding of how to define sustainability. Systems-based approaches that consider the trade-offs and synergies among the four domains—applied in multiple contexts and across geographic locations—will advance this transdisciplinary field. This Special Issue includes papers by authors who are bridging gaps across the domains in new ways.





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Editor-in-Chief

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Message from the Editor-in-Chief

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