



## Strategies for Coping with Daily Stress and Related Educational and Psychosocial Factors, Part II

Guest Editors:

**Dr. Francisco Manuel Morales Rodríguez**

Department of Educational and Developmental Psychology, Faculty of Psychology, University of Granada, Campus Universitario de Cartuja, 18071 Granada, Spain

**Dr. Juan Pedro Martínez-Ramón**

Department of Evolutionary Developmental and Educational Psychology, University of Murcia, 30100 Murcia, Spain

Deadline for manuscript submissions:

**closed (30 November 2023)**

### Message from the Guest Editors

In this Special Issue, original research articles and reviews are welcome. Research areas may include (but are not limited to) the following:

- Coping with everyday stress in different contexts, situations, and environments;
- Assessment of coping strategies and relationships with adjustment, coping, and psychological well-being;
- Influence of different factors or variables on the differential use of coping strategies;
- Improving coexistence, attention to diversity, and coping strategies;
- Bullying and coping strategies;
- Burnout and teacher stress;
- Coexistence, stress, and coping strategies;
- Addictions and coping strategies;
- Coping, daily stress, and mindfulness;
- Self-esteem, resilience, and educational psychology;
- Effective communication, acquisition of soft skills, empathy, and emotional intelligence;
- Differences in the use of coping strategies depending on the culture;
- Coping, internalized symptomatology, externalized symptomatology, etc.

We look forward to receiving your contributions.





an Open Access Journal by MDPI

## Editor-in-Chief

### **Prof. Dr. Steve W. Lyon**

School of Environment and  
Natural Resources, Ohio State  
University, Columbus, OH 43210,  
USA

## Message from the Editor-in-Chief

I encourage you to contribute a research or comprehensive review article for consideration for publication in *Sustainability*, an international open access journal which provides an advanced forum for research findings in areas related to sustainability and sustainable development. The journal publishes original research articles, reviews, conference proceedings (peer reviewed full articles) and communications. I am confident you will find the journal contributes to enhancing understanding of sustainability and fostering initiatives and applications of sustainability-based measures and activities.

## Author Benefits

**Open Access:** free for readers, with [article processing charges \(APC\)](#) paid by authors or their institutions.

**High Visibility:** indexed within [Scopus](#), [SCIE](#) and [SSCI \(Web of Science\)](#), [GEOBASE](#), [GeoRef](#), [Inspec](#), [RePEc](#), [CAPlus / SciFinder](#), and [other databases](#).

**Journal Rank:** JCR - Q2 (Environmental Studies) / CiteScore - Q1 (Geography, Planning and Development)

## Contact Us

---

*Sustainability* Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
[www.mdpi.com](http://www.mdpi.com)

[mdpi.com/journal/sustainability](http://mdpi.com/journal/sustainability)  
[sustainability@mdpi.com](mailto:sustainability@mdpi.com)  
[X@Sus\\_MDPI](#)