

# Special Issue

## 2nd Edition: Physical Activity and Mental Health

### Message from the Guest Editors

We are organizing a Special Issue focused on the role of physical activity in the enhancement of mental health and the prevention and care within mental illness for the journal *Sports*. This is a peer-reviewed scientific journal that publishes articles and communications in the interdisciplinary area of sport sciences and public health. We particularly welcome manuscripts that offer novel insights into the relationships between physical activity and mental illness (e.g., social, neurological, and psychological explanations); describe innovative and/or scalable physical-activity-based interventions within mental healthcare; explore the role of the physical activity environment (e.g., nature, social) in preventing and enhancing recovery from mental illness; and describe interventions aligned with Indigenous approaches to physical activity promotion.

### Guest Editors

Prof. Dr. Eric E. Hall

Department of Exercise Science, Elon University, Elon, NC 27244, USA

Dr. Matthew Jenkins

Department of Psychological Medicine, University of Otago, Wellington 6242, New Zealand

### Deadline for manuscript submissions

closed (30 June 2023)



## Sports

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Impact Factor 2.9  
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## About the Journal

### Message from the Editor-in-Chief

*Sports* (ISSN 2075-4663) is a peer-reviewed scientific journal that publishes original articles, critical reviews, research notes and short communications in the interdisciplinary area of sport sciences and public health. It links several scientific disciplines in an integrated fashion, to address critical issues related to sport science and public health. The journal presents diverse original articles, including systematic and narrative reviews, cohort and case control studies, innovative randomized trials, and formative research using qualitative and quantitative methods with the aim to provide information for researchers to plan intervention programs. It addresses diverse public health, physical activity and exercise science topics.

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### Editor-in-Chief

Prof. Dr. Eling Douwe De Bruin

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2. Karolinska Institutet, Stockholm, Sweden

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### Author Benefits

#### High Visibility:

indexed within Scopus, ESCI (Web of Science), PubMed, PMC, and other databases.

#### Journal Rank:

JCR - Q1 (Sport Sciences) / CiteScore - Q2 (Physical Therapy, Sports Therapy and Rehabilitation)

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 18.7 days after submission; acceptance to publication is undertaken in 3.7 days (median values for papers published in this journal in the first half of 2025).