Special Issue

Training Process in Soccer Players

Message from the Guest Editors

This Special Issue 'Training Process in Soccer Players' is a new venue to publish original research, meta-analyses, reviews, case studies, short communications and book reviews related to soccer-training topics. This Special Issue aims to publish research on various aspects of soccer training, including: (i) small-sided games; (ii) high intensity interval training on soccer players; (iii) training monitoring and testing; (iv) periodization; (v) physiology of soccer; and (vi) coaching in soccer. Any other topics are welcome to this Special Issue, especially articles that bring new theoretical and practical approaches to the soccer field.

Guest Editors

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Dr. Hugo Sarmento

Prof. Israel Teoldo Costa

Dr. Sixto González-Víllora

Deadline for manuscript submissions

closed (31 December 2019)



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Message from the Editor-in-Chief

Sports (ISSN 2075-4663) is a peer-reviewed scientific journal that publishes original articles, critical reviews, research notes and short communications in the interdisciplinary area of sport sciences and public health. It links several scientific disciplines in an integrated fashion, to address critical issues related to sport science and public health. The journal presents diverse original articles, including systematic and narrative reviews, cohort and case control studies, innovative randomized trials, and formative research using qualitative and quantitative methods with the aim to provide information for researchers to plan intervention programs. It addresses diverse public health, physical activity and exercise science topics.

Editor-in-Chief

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