

## Special Issue

# Skeletal Muscle Metabolism in Exercise

### Message from the Guest Editor

Dear Colleagues: It is with great enthusiasm that I am announcing a Special Issue of *Sports* (Basel) with the goal of examining the area of skeletal muscle metabolism in sport and exercise. Topics of interest include muscle bioenergetics, aerobic adaptations to training, exercise-induced fatigue, performance nutrition, skeletal muscle hypertrophy, and exercise-induced muscle damage and recovery. We welcome original research, meta-analysis, reviews, and brief reports.

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### Guest Editor

Dr. Edward Jo

Human Performance Research Laboratory, Department of Kinesiology and Health Promotion, California State University Pomona, Pomona, CA 91768, USA

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### Deadline for manuscript submissions

closed (31 January 2020)



## Sports

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## About the Journal

### Message from the Editor-in-Chief

*Sports* (ISSN 2075-4663) is a peer-reviewed scientific journal that publishes original articles, critical reviews, research notes and short communications in the interdisciplinary area of sport sciences and public health. It links several scientific disciplines in an integrated fashion, to address critical issues related to sport science and public health. The journal presents diverse original articles, including systematic and narrative reviews, cohort and case control studies, innovative randomized trials, and formative research using qualitative and quantitative methods with the aim to provide information for researchers to plan intervention programs. It addresses diverse public health, physical activity and exercise science topics.

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### Editor-in-Chief

Prof. Dr. Eling Douwe De Bruin

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2. Karolinska Institutet, Stockholm, Sweden

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### Author Benefits

#### High Visibility:

indexed within Scopus, ESCI (Web of Science), PubMed, PMC, and other databases.

#### Journal Rank:

JCR - Q1 (Sport Sciences) / CiteScore - Q2 (Physical Therapy, Sports Therapy and Rehabilitation)

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 18.7 days after submission; acceptance to publication is undertaken in 3.7 days (median values for papers published in this journal in the first half of 2025).