

Special Issue

Skeletal Muscle Metabolism in Exercise

Message from the Guest Editor

Dear Colleagues: It is with great enthusiasm that I am announcing a Special Issue of *Sports* (Basel) with the goal of examining the area of skeletal muscle metabolism in sport and exercise. Topics of interest include muscle bioenergetics, aerobic adaptations to training, exercise-induced fatigue, performance nutrition, skeletal muscle hypertrophy, and exercise-induced muscle damage and recovery. We welcome original research, meta-analysis, reviews, and brief reports.

Guest Editor

Dr. Edward Jo

Human Performance Research Laboratory, Department of Kinesiology and Health Promotion, California State University Pomona, Pomona, CA 91768, USA

Deadline for manuscript submissions

closed (31 January 2020)



Sports

an Open Access Journal
by MDPI

Impact Factor 3.2
CiteScore 4.3
Indexed in PubMed



mdpi.com/si/19082

Sports
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
sports@mdpi.com

[mdpi.com/journal/
sports](https://mdpi.com/journal/sports)





Sports

an Open Access Journal
by MDPI

Impact Factor 3.2
CiteScore 4.3
Indexed in PubMed



[mdpi.com/journal/
sports](https://mdpi.com/journal/sports)



About the Journal

Message from the Editor-in-Chief

Sports (ISSN 2075-4663) is an international, peer-reviewed open access advanced forum for publishing studies related to the interdisciplinary area of sport, exercise and health sciences. Studies focused solely on competitive performance outcomes (e.g., game statistics, records) without direct application to sports training programs will be considered out of scope.

Sports publishes reviews, regular research papers, and communications, as well as Special Issues on particular subjects.

Editor-in-Chief

Prof. Dr. Eling Douwe De Bruin

1. Institute of Human Movement Sciences and Sport, IBWS ETH, HCP H
25.1, Leopold-Ruzicka-Weg 4, CH-8093 Zürich, Switzerland

2. Karolinska Institutet, Stockholm, Sweden

Author Benefits

High Visibility:

indexed within Scopus, ESCI (Web of Science), PubMed, PMC, and other databases.

Journal Rank:

JCR - Q1 (Sport Sciences) / CiteScore - Q1 (Physical Therapy, Sports Therapy and Rehabilitation)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 19.9 days after submission; acceptance to publication is undertaken in 5.5 days (median values for papers published in this journal in the second half of 2025).