

Special Issue

Clinical and Sports Nutrition

Message from the Guest Editors

This special edition is designed for those interested in topics regarding clinical and sports nutrition. Manuscripts in the discipline of clinical nutrition will focus on nutritional interventions to improve health, although manuscripts in the realm of public health and health promotion will be considered if the aim is to identify current nutritional trends and offer solutions to improve community health. Manuscripts in the discipline of sports nutrition will focus on nutritional interventions to improve athletic performance. We welcome submission of data utilizing cell culture, animal, and human models. Reviews and original work will be considered for publication.

Guest Editors

Dr. Vincent Dalbo

Health, Education, Lifestyle, and Performance (HELP) Laboratory,
Central Queensland University, Rockhampton, QLD 4701, Australia

Prof. Dr. Michael D. Roberts

School of Kinesiology, Auburn University, Auburn, AL 36849, USA

Deadline for manuscript submissions

closed (20 December 2017)



Sports

an Open Access Journal
by MDPI

Impact Factor 2.9
CiteScore 4.1
Indexed in PubMed



mdpi.com/si/9535

Sports
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
sports@mdpi.com

[mdpi.com/journal/
sports](https://mdpi.com/journal/sports)





Sports

an Open Access Journal
by MDPI

Impact Factor 2.9
CiteScore 4.1
Indexed in PubMed



[mdpi.com/journal/
sports](https://mdpi.com/journal/sports)



About the Journal

Message from the Editor-in-Chief

Sports (ISSN 2075-4663) is a peer-reviewed scientific journal that publishes original articles, critical reviews, research notes and short communications in the interdisciplinary area of sport sciences and public health. It links several scientific disciplines in an integrated fashion, to address critical issues related to sport science and public health. The journal presents diverse original articles, including systematic and narrative reviews, cohort and case control studies, innovative randomized trials, and formative research using qualitative and quantitative methods with the aim to provide information for researchers to plan intervention programs. It addresses diverse public health, physical activity and exercise science topics.

Editor-in-Chief

Prof. Dr. Eling Douwe De Bruin

1. Institute of Human Movement Sciences and Sport, IBWS ETH, HCP H 25.1, Leopold-Ruzicka-Weg 4, CH-8093 Zürich, Switzerland
2. Karolinska Institutet, Stockholm, Sweden

Author Benefits

High Visibility:

indexed within Scopus, ESCI (Web of Science), PubMed, PMC, and other databases.

Journal Rank:

JCR - Q1 (Sport Sciences) / CiteScore - Q2 (Physical Therapy, Sports Therapy and Rehabilitation)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 18.7 days after submission; acceptance to publication is undertaken in 3.7 days (median values for papers published in this journal in the first half of 2025).